Danser Encore

级数: Beginner

拍数: 32 编舞者: Sylvie CARNOY (FR) - March 2021

音乐: Danser encore - HK

Start 8 x 8 counts

I dedicate this choreography to my stepfather Alain !

I created this choreography in support of all musicians, singers, choreographers,

dancers

I choreographed a beginner version for everyone to dance to.

I challenge you to learn this choreography and send me your video (contact details at the bottom of the sheet), I will make a video montage (or several) by collecting your videos in order to support our artists, our dancers!

Follow me and participate !

SECTION 1 : SIDE RIGHT ROCK STEP, CROSS TRIPLE, SIDE LEFT ROCK STEP, CROSS TRIPLE

- 1 2 right foot to the right, body weight on left foot
- 3&4 cross right foot in front of left foot, left foot to the left, cross right foot in front of left foot
- 5 6 left foot to the left, body weight on right foot
- 7&8 cross left foot in front of right foot, right foot to the right, cross left foot in front of right foot

SECTION 2 : MONTEREY ½ TURN RIGHT, HEEL TOGETHER & CLAP, HEEL, TOGETHER & CLAP

- 1 2 put pointe right, 1/2 turn to the right 6:00
- Option put right hand on the hat, head turned to the right on the 1rst counts
- 3 4 put pointe left, together left foot next to right foot (body weight on left foot)

Option put left hand on the hat, head turned to the left on the 3rd counts

- 5 6 put heel right forward, together right foot next to left foot and clap
- 7 8 put heel left forward, together left foot next to right foot and clap

SECTION 3 : WEAVE, SIDE ROCK ¼ TURN, WALK X 2

- 1 2 right foot to the right, cross left foot behind right foot
- 3 4 right foot to the right, cross left foot in front of right foot
- 5 6 right foot to the right, body weight on left foot with 1/4 turn to the left 3:00
- 7 8 step forward right foot, step forward left foot

SECTION 4 : V STEP ON HEELS, SIDE, HITCH, SIDE, HITCH

- step forward right foot on the heel or flat foot, step forward left foot on the heel or flat foot 1 - 2
- 3 4 step back right foot, step back left foot

Option hands on the belt

- 5 6 right foot to the right, raise knee left
- Option put right hand on the hat, head turned to the right on the 6th counts
- 7 8 left foot to the left, raise knee right
- Option put left hand on the hat, head turned to the left on the 8th counts

Good luck , good dance !

Contact :

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墙数:4