

Danser Encore

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sylvie CARNOY (FR) - March 2021
音乐: Danser encore - HK



Start 8 x 8 counts

I dedicate this choreography to my stepfather Alain !

I created this choreography in support of all musicians, singers, choreographers, dancers

I choreographed a beginner version for everyone to dance to.

I challenge you to learn this choreography and send me your video (contact details at the bottom of the sheet), I will make a video montage (or several) by collecting your videos in order to support our artists, our dancers!

Follow me and participate !

SECTION 1 : SIDE RIGHT ROCK STEP, CROSS TRIPLE, SIDE LEFT ROCK STEP, CROSS TRIPLE

- 1 - 2 right foot to the right, body weight on left foot
- 3&4 cross right foot in front of left foot, left foot to the left, cross right foot in front of left foot
- 5 - 6 left foot to the left, body weight on right foot
- 7&8 cross left foot in front of right foot, right foot to the right, cross left foot in front of right foot

SECTION 2 : MONTEREY ½ TURN RIGHT, HEEL TOGETHER & CLAP, HEEL, TOGETHER & CLAP

- 1 - 2 put pointe right, ½ turn to the right 6:00
- Option put right hand on the hat, head turned to the right on the 1st counts**
- 3 - 4 put pointe left, together left foot next to right foot (body weight on left foot)
- Option put left hand on the hat, head turned to the left on the 3rd counts**
- 5 - 6 put heel right forward, together right foot next to left foot and clap
- 7 - 8 put heel left forward, together left foot next to right foot and clap

SECTION 3 : WEAWE, SIDE ROCK ¼ TURN, WALK X 2

- 1 - 2 right foot to the right, cross left foot behind right foot
- 3 - 4 right foot to the right, cross left foot in front of right foot
- 5 - 6 right foot to the right, body weight on left foot with ¼ turn to the left 3:00
- 7 - 8 step forward right foot, step forward left foot

SECTION 4 : V STEP ON HEELS, SIDE, HITCH, SIDE, HITCH

- 1 - 2 step forward right foot on the heel or flat foot, step forward left foot on the heel or flat foot
- 3 - 4 step back right foot, step back left foot
- Option hands on the belt**
- 5 - 6 right foot to the right, raise knee left
- Option put right hand on the hat, head turned to the right on the 6th counts**
- 7 - 8 left foot to the left, raise knee right
- Option put left hand on the hat, head turned to the left on the 8th counts**

Good luck , good dance !

Contact :

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<https://www.facebook.com/lea.country.dance>

<https://www.leacountrydance.fr/>

<https://www.youtube.com/channel/UC4AkjfN85X6WbYKOg2XWkrA>