

# Mix'n'Move

**COPPER** **NOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Mark Paulino (USA) - March 2021  
音乐: Move - Little Mix



**INTRO: 15 seconds**

## **CROSS HEEL TOUCH, SIDE TOE TOUCH, CROSS HEEL TOUCH, REPLACE HEEL, BALL CROSS, PIVOT HITCH, CROSS, PIVOT HITCH**

1,2            R crossing over L heel touch, R side toe touch  
3&4           R crossing over L heel touch, R steps besides L, L heel touch ahead diagonally  
&5,6          L ball touch in neutral, R crosses over L, L hitch pivoting towards R to 1:30  
7,8            L crosses over R, R hitch pivoting towards L to 10:30

## **BOX STEP WITH A FORWARD STEP, STEP FORWARD HIP BUMP X2, STEP FORWARD HIP BUMP X2,**

1,2            R cross over L, L steps back  
3,4            R steps to the side, L steps forward  
5&6           R steps forward with R hip bump forward, hip bump back, hip bump forward  
7&8           L steps forward with L hip bump forward, hip bump back, hip bump forward

## **3/4 TURNING TOE STRUT SEQUENCE, ROCKING CHAIR**

1,2            Turn towards 4:30 with R toe touch forward, land R heel down  
3,4            L toe touch forward, land L heel down  
5,6            Turn towards 9 o'clock with R toe touch forward, land R heel down  
7&8&          Rock L forward, recover back on R, rock L back, recover back on R

**~Helpful hint: First toe strut you want to face towards your R hip. Third toe strut, you turn R squaring up towards that wall.**

## **STEP PIVOT HITCH, STEP PIVOT HITCH, COASTER STEP, SKATE SKATE**

1,2            Step forward with L, R hitch pivoting towards L with a 1/4 turn  
3,4            Neutral step with R, L hitch pivoting towards L with a 1/4 turn  
5&6           L steps back, R steps besides L, L steps forward  
7&8           Slide R foot forward diagonally, slide L foot together, slide L foot forward diagonally

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