Good Lord

拍数: 32

级数: Low Intermediate

编舞者: Antonella Fedi (IT) - March 2021

音乐: GOOD LORD - Abby Anderson

KICK, SIDE ROCK, STEP, TURN, TURN, SHUFFLE FWD

- 1-2 Right kick fwd, turn 1/4 right and right side rock (to right)
- 3-4 Turn 1/4 left and recover on left, right step fwd
- 5-6 Turn 1/2 left, turn 1/2 left and right step back
- Turn ¹/₂ left and shuffle fwd (left-right-left) 7&8

CROSS, OUT, OUT, CROSS, SIDE ROCK, CROSS, STEP, TURN, STEP

- 1-2 Cross right over left, left step out back
- 3-4 Right step out back, cross left over right
- 5&6 Right side rock, recover on left, cross right over left
- 7&8 Left step fwd, turn 1/2 right, left step fwd

KICK & POINT, KICK & STOMP, HEELS TO RIGHT, HEELS TO LEFT

- Right kick fwd, right in place, point left toe to left 1&2
- 3&4 Left kick fwd, left in place, right stomp beside
- 5&6 Swivel both heels to the right, swivel both heels back in place, swivel both heels to the right
- 7&8 Swivel both heels to the left, swivel both heels back in place, swivel both heels to the left

SAILOR STEP, SAILOR STEP, STEP, TURN, STEP, TURN, TURN, STEP

- Right behind left, left together, right to right 1&2
- 3&4 Left behind right, right together, left to left
- 5&6 Right step fwd, turn 1/2 left, right step fwd
- 7&8 Turn 1/2 right and left step back, turn 1/2 right and right step fwd, left step fwd

REPEAT - HAVE FUN !!





墙数: 2