

Si NONA

COPPER KNOB
STEPSHETS

拍数: 108 墙数: 4 级数: Phrased Easy Intermediate
编舞者: Fransiska J. Girsang (INA), Erna Yong (INA) & Yulia Gusvita (INA) - March 2021
音乐: Si Nona - Ria Amelia



Sequence : Intro 32 - Tag - A - A - B - B - Tag - B - B20 - C - B - Tag - D - Tag - A - A - B - B - Tag - B - B20 - C - B - Tag - B - B - B - B - B - B - B

A - 32 Counts

S1. CROSS - SIDE - CROSS - TOUCH - (R - L)

1 2 3 4 Step R cross over L, Step L to side, Step R cross over L, Touch L to side
5 6 7 8 Step L cross over R, Step R to side, Step L cross over R, Touch R to side

S2. ROCKING CHAIR 2X

1 2 3 4 Step R forward, Recover on L, Step R backward, Recover on L
5 6 7 8 Step R forward, Recover on L, Step R backward, Recover on L

S3. PIVOT - SHUFFLE 2X

1 2 Step R forward, Turn ½ to left recover on L
3 & 4 Step R forward, Close L together, Step R forward
5 6 Step L forward, Turn ½ to right recover on R
7 & 8 Step L forward, Close R together, Step L forward

S4. CROSS ROCK - TURN ½

1 2 3 4 Cross R over L, Recover on L, Step R to side, Cross L over R
5 6 7 8 Recover on R, Turn ¼ to left step L forward, Turn ¼ to left step R to side, Recover on L

B : 24

S1. JAZZ BOX ¼ – TOE STRUT

1 2 Step R cross over L, Turn ¼ to right step L back
3 4 Step R to side, Cross L over R
5 6 Touch R toe, Drop heel R in place
7 8 Touch L toe, Drop heel L in place

S2. WALK FORWARD - TOUCH - WALK BACKWARD - TOUCH

1 2 3 4 Step forward R - L - R , Touch L beside R
5 6 7 8 Step backward L - R - L, Touch R beside L

S3. K - STEP

1 2 3 4 Step R diagonal to right, Touch L beside R, Step L back diagonal to left, Touch R beside L
5 6 7 8 Step R back diagonal to right, Touch L beside R, Step L forward diagonal to left, Touch R beside L

C : 20 counts

S1. LINDY R - L

1 & 2 Step R to side, Step L together, Step R to side
3 4 Step ball of L back, recover weight on to R
5 & 6 Step L to side, Step R together, Step L to side
7 8 Step ball of R back, recover weight to L

S2. HEEL SWITCHES - TURN ¼ TO LEFT 2X

1 & 2 & Heel R forward, Close R beside L, Heel L forward, Close L beside R
3 4 Step R forward, Turn ¼ to left recover on L

5 & 6 & Heel R forward, Close R beside L, Heel L forward, Close L beside R
7 8 Step R forward, Turn ¼ to left recover on L

S3. JAZZ BOX

1 2 Step R cross over L, step L back
3 4 Step R to side, cross L over R

D : 32 counts (Once facing 12.00)

S1. SYNCOPATED CROSS ROCK

1 & 2 & Cross R over L, Recover on L, Step R to side, Recover on L
3 & 4 Cross R over L, Recover on L, Step R to side
5 & 6 & Cross L over R, Recover on R, Step L to side, Recover on R
7 & 8 Cross L over R, Recover on R, Step L to side

S2. BACK - HITCH - SIDE MAMBO R - L

1 2 3 4 Step R backward, Hitch L , Step L backward, Hitch R
5 & 6 Step R to side, Step L in place, Close R together
7 & 8 Step L to side, Step R in place, Close L together

S3. SYNCOPATED CROSS ROCK

1 & 2 & Cross R over L, Recover on L, Step R to side, Recover on L
3 & 4 Cross R over L, Recover on L, Step R to side
5 & 6 & Cross L over R, Recover on R, Step L to side, Recover on R
7 & 8 Cross L over R, Recover on R, Step L to side

S4. FORWARD - HITCH - SIDE MAMBO R - L

1 2 3 4 Step R forward, Hitch L , Step L forward, Hitch R
5 & 6 Step R to side, Step L in place, Close R together
7 & 8 Step L to side, Step R in place, Close L together

TAG: 4 COUNTS

SWAY

1 2 3 4 Step R to side with sway to right, Sway to Left, Sway to right, Sway to left

Happy dancing always.....

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Pekanbaru Line Dance Community (PLDC)
