Follow You

级数: Advanced

编舞者: Hiroko Carlsson (AUS) - March 2021

音乐: Follow You - Imagine Dragons : (Spotify)

墙数:4

(Starts 16 counts after the music begins, just before the lyrics) [S1] Fwd Rock-1/4R, Quick Fwd Rock, Back w/ Sweep-Back-1/2L-1/2L w/ Sweep-Rock forward on R, Recover weight on L, Make a ¼ turn right stepping forward on R (3:00) 123 4& Rock forward on L, Recover weight on R 56 Step back on L with R sweep, Step back on R 78 Make a ¹/₂ turn left stepping forward on L. Make a ¹/₂ turn right stepping back on R with L sweep (3:00) [S2] Back-1/2R-1/2R w/ Sweep, Behind-Side-Cross Rock, Side Shuffle 123 Step back on L, Make a ¹/₂ turn right stepping forward on R, Make a ¹/₂ turn right stepping back on L with R sweep (3:00) 4& Step R behind L, Step L to the side 56 Rock R across L, Recover weight on L 7&8 Step R to the side, Step L next to R, Step R to the side [S3] Cross Rock-1/4L, Step-Pivot 1/2L-Spiral 3/4L, Side Rock-Cross-Side 123 Rock L across R, Recover weight on R, Make a ¼ turn left stepping forward on L (12:00) 4& Step forward on R, Make a ¹/₂ quick turn left recover weight on L (6:00) 56 Step forward on R making a ³/₄ spiral roll left over 2 counts (keep weight on R) (9:00) 7&8& Rock L to the side, Recover weight on R, Cross L over R, Step R to the side [S4] Back Rock, 1/2R w/ Sweep, Coaster Step, Full Turn-Fwd 123 Rock back on L, Recover weight on R, Make a 1/2 turn right stepping back on L with R sweep (3:00)4&5 Step back on R, Step L next to R, Step forward on R Make a ¹/₂ turn right stepping back on L, Make a ¹/₂ turn right stepping forward on R, Step 678 forward on L (3:00) *16 Count Tag: The end of Wall 1 (3:00) and 3 (9:00) Stomp-Stomp, Fwd Mambo, Full Triple Turn (Backwards), Triple Step (Backwards) 12 Stomp R out, Stomp L out 3&4 Rock forward on R, Recover weight on L, Step back on R Make a ¹/₂ turn left stepping forward on L, Make a ¹/₂ turn left stepping R in place, Step L next 5&6 to R 7&8 Step back on R, Step L in place, Step R next to L Cross-Twinkle, Cross-Twinkle Turn 1/4R, Step-Pivot 3/4R, Stomp-Stomp-Stomp 1&2 Cross L over R, Step R to the side, Step L in place 3&4 Cross R over L, Make a ¼ turn stepping slightly back/side on L, Step R in place 56 Step forward on L, Make a ³/₄ turn right recover weight on R 7&8 Stomp L out, Stomp R out, Stomp L out Ending suggestion: The last wall starts at 3:00, dance up to Section 2 (6:00), then make a 1/2 turn right to the front stepping L to the side.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 24/Mar/21)





拍数: 32