

Try Your Best

拍数: 32 墙数: 2 级数: Improver
编舞者: Jane Young (TW) - March 2021
音乐: Try Everything - Shakira



Intro: 32 count on the word "Tonight " No Tag / No Restart

[1-8] R Stomp, Hold, Touch, Slide, Cross, Recover, 1/4 R, Fwd, Recover, Back, Hitch R across L-leg

1-2& Stomp R to R (hands spread to both sides), Hold, Touch L next R
3 Slide L to L side
4&5 Cross R over L, Recover onto L, 1/4R R to R
6-7& L fwd (roll body fwd), Recover onto R, L step back
8 R Hitch across L-leg (both hands snap down both side) 3:00

[9-16] Cross Samba R & L, Volta Step 3/4 R-turn, Stomp fwd

1&2 R- Samba (with traveling) R cross L, step L to L, step R to R
3&4 L - Samba (with traveling) L cross R, step R to R, step L to L
5&6& 1/4R R fwd, L behind R, 1/4R R fwd, L behind
7&8 1/4R R fwd, L behind R, Stomp R fwd 12:00

[17-24] L Cross, R to R side, L Heel Dig, Step next to R, R Cross, L to L side, R Heel Dig, Step R next to L, Tap L toe beside, Step L next to R, Touch R heel fwd, Step R next to L, 1/4L tap L beside R, Step L next to R, Stomp R

1&2& Cross L over R, Step R to R, Dig L heel fwd, Step L next to R
3&4& Cross R over L, Step L to L, Dig R heel fwd, Step R next to L
5&6& Tap L toe beside R, Step L next R, Touch R heel fwd, Step R next L
7&8 1/4L-turn Tap L toe beside R, Step L next R, Stomp R to R 9:00

[25-32] L to L, Cross R behind L touch, R to R, Recover onto L (with hands motion as below) 1/4R fwd shuffle, 1/2R back shuffle

1-2 L to L (clicking R hand up above head), Cross touch R behind L (clicking R hand down below waist)
3-4 R to R (clicking R hand out to R side), twist body to the L weight on L (cross R hand over L hip & looking to the L)
5&6 1/4R R fwd, L together R, R fwd (R fwd shuffle) 12:00
7&8 1/2R L back, R together L, L backward (L back shuffle) 6:00

Restart

Ending : 11W (12:00) after 8 count (sec-1)

1-4 Cross R over L, 1/4L unwind facing 12:00, point L to L and pose

Update: 5/4/2021

Last Site Update - 9 May 2021