拍数： 80
墥数： 2
级数：Phrased Intermediate
编舞者：Linda Wolfe（AUS）\＆Robyn Groot（AUS）－February 2021
音乐：Right Back Where We Started From－Maxine Nightingale ：（Album：Sensational 70＇s－Original Artists Re Recording－iTunes）

## Sequence：ABB ABB ABB Short A（32 counts）Short A（32 counts）

## Part A（48 Counts）

［1－8］Ball Step．Walk Back．Left Shuffle Back．Back Rock．Right Shuffle Forward．
\＆1－2 Small step back on Right．Walk back Left．Right．

3\＆4 Step back on Left．Close Right beside Left．Step back on Left．（Shuffle backwards）
5－6 Rock back on Right．Recover weight on Left．（Alternatively 1／2 turn Right stepping forward on Right．1／2 turn Right stepping back on Left）
7\＆8 Step forward on Right．Close Left beside Right．Step forward on Right．（Shuffle forward）
［9－16］Left Heel Dig．Right Heel Dig．Step．Pivot 1／4 Turn Right．Repeat．
1\＆2\＆Touch Left heel forward．Step on Left．Touch Right heel forward．Step on Right．
3－4 Step forward on Left．Pivot 1／4 turn Right．（Weight on Right）（Facing 3 o＇clock）
5\＆6\＆Touch Left heel forward．Step on Left．Touch Right heel forward．Step on Right．
7－8 Step forward on Left．Pivot 1／4 turn Right．（Weight on Right）（Facing 6 o＇clock）
［17－24］Left Cross Rock．Left Side Rock．Cross．Back．Side．Right Cross Rock．
1－2 Cross rock Left over Right．Recover weight on Right．
3－4 Rock Left to Left side．Recover weight on Right．
5－6 Cross Left over Right．Step back on Right out to the Right．
7－8 Step Left to Left side．Cross rock Right over Left．
［25－32］Recover Left．Right Side Rock．Cross．Back．Side．Left Cross Shuffle．
1－2 Recover weight on Left．Rock Right to Right side．
3－4 Recover weight on Left．Cross Right over Left．
5－6 Step back on Left out to Left side．Step Right to Right side．
7\＆8 Cross Left over Right．Step Right to Right．Cross Left over Right．（Cross Shuffle）＊＊＊（Restart here on Short A 32 counts）
［33－40］1／4 Turn Left． $1 / 2$ Turn Left．Right Shuffle Forward．Step．Pivot $1 / 2$ Turn Right．Left Shuffle Forward．
1－2 Turning 1／4 turn Left，step back on Right．（3：00）Turning 1／2 turn Left，step forward on Left． （9：00）
3\＆4 Step forward on Right．Close Left beside Right．Step forward on Right．（Shuffle forward）
5－6 Step forward on Left．Pivot $1 / 2$ turn Right．（Facing 3 o＇clock）
7\＆8 Step forward on Left．Close Right beside Left．Step forward on Left．（Shuffle forward）
［41－48］Full Turn Left．Right Shuffle Forward．Step Pivot $1 / 2$ Turn Right．1／4 Turn Left．Side Shuffle Left．
1－2 Turning 1／2 turn Left，step back on Right．（9：00）Turning 1／2 turn Left，step forward on Left． （3：00）
3\＆4 Step forward on Right．Close Left beside Right．Step forward on Right．（Shuffle forward）
5－6 Step forward on Left．Pivot 1／2 turn Right．（Facing 9 o＇clock）
7\＆8 Turning $1 / 4$ turn Right，step Left to Left side．Close Right beside Left．Step Left to Left side．
（1／4 turning side shuffle）（Facing 12 o＇clock）
Part B（32 Counts）
［1－8］Out．Out．In．In．Rock Forward Right．Touch Right Back．Unwind 1／2 Turn Right．Right Coaster Step．
\&1\&2
3-4
5-6 Touch Right toe back behind Left. Unwind 1/2 turn Right. (Weight on Left)(Facing 6 o'clock)
7\&8
[9-16] Step. Point. Step. Point. Cross \& Weave Right.
1-2 Step forward on Left. Point Right toe to Right side.
3-4 Step forward on Right. Point Left toe to Left side.
5-6 Cross Left over Right. Step Right to Right side.
7-8 Step Left behind Right. Step Right to Right side.
[17-24] Left Cross Rock. Left Side Shuffle. Cross. Unwind $1 / 2$ Turn Left. Left Coaster Step.
1-2 Cross rock Left over Right. Recover weight on Right.
$3 \& 4 \quad$ Step Left to Left side. Close Right beside Left. Step Left to Left side.
5-6 Cross Right over Left. Unwind 1/2 turn Left. (Weight on Right)(Facing 12 o'clock)
7\&8 Step back on Left. Step Right beside Left. Step slightly forward on Left.
[25-32] Right Toe Strut Forward. 1/2 Turn Right Left Toes Strut Back. Back Rock. Walk Forward.
1-2 Step forward on Right toe. Step Right heel down.
3-4 Turning $1 / 2$ turn Right, step back on Left toe. Step Left heel down. (Facing 6 o'clock)
5-6 Rock back on Right. Recover weight on Left.
7-8 Step forward on Right. Step forward on Left.
Repeat Part B (Facing 6 o'clock) $^{\prime}$

