Right Back



拍数: 80

级数: Phrased Intermediate

编舞者: Linda Wolfe (AUS) & Robyn Groot (AUS) - February 2021

墙数:2

音乐: Right Back Where We Started From - Maxine Nightingale : (Album: Sensational 70's - Original Artists Re Recording - iTunes)

Sequence: ABB ABB ABB Short A (32 counts) Short A (32 counts)

Part A (48 Counts)

- [1-8] Ball Step. Walk Back. Left Shuffle Back. Back Rock. Right Shuffle Forward.
- &1-2 Small step back on Right. Walk back Left. Right.
- 3&4 Step back on Left. Close Right beside Left. Step back on Left. (Shuffle backwards)
- 5 6 Rock back on Right. Recover weight on Left. (Alternatively 1/2 turn Right stepping forward on Right. 1/2 turn Right stepping back on Left)
- 7&8 Step forward on Right. Close Left beside Right. Step forward on Right. (Shuffle forward)

[9-16] Left Heel Dig. Right Heel Dig. Step. Pivot 1/4 Turn Right. Repeat.

- 1&2& Touch Left heel forward. Step on Left. Touch Right heel forward. Step on Right.
- 3 4 Step forward on Left. Pivot 1/4 turn Right. (Weight on Right)(Facing 3 o'clock)
- 5&6& Touch Left heel forward. Step on Left. Touch Right heel forward. Step on Right.
- 7 8 Step forward on Left. Pivot 1/4 turn Right. (Weight on Right)(Facing 6 o'clock)

[17-24] Left Cross Rock. Left Side Rock. Cross. Back. Side. Right Cross Rock.

- 1 2 Cross rock Left over Right. Recover weight on Right.
- 3 4 Rock Left to Left side. Recover weight on Right.
- 5 6 Cross Left over Right. Step back on Right out to the Right.
- 7 8 Step Left to Left side. Cross rock Right over Left.

[25-32] Recover Left. Right Side Rock. Cross. Back. Side. Left Cross Shuffle.

- 1 2 Recover weight on Left. Rock Right to Right side.
- 3 4 Recover weight on Left. Cross Right over Left.
- 5 6 Step back on Left out to Left side. Step Right to Right side.
- 7&8 Cross Left over Right. Step Right to Right. Cross Left over Right. (Cross Shuffle) ***(Restart here on Short A 32 counts)

[33-40] 1/4 Turn Left. 1/2 Turn Left. Right Shuffle Forward. Step. Pivot 1/2 Turn Right. Left Shuffle Forward.

- 1 2 Turning 1/4 turn Left, step back on Right. (3:00) Turning 1/2 turn Left, step forward on Left. (9:00)
- 3&4 Step forward on Right. Close Left beside Right. Step forward on Right. (Shuffle forward)
- 5 6 Step forward on Left. Pivot 1/2 turn Right. (Facing 3 o'clock)
- 7&8 Step forward on Left. Close Right beside Left. Step forward on Left. (Shuffle forward)

[41-48] Full Turn Left. Right Shuffle Forward. Step Pivot 1/2 Turn Right. 1/4 Turn Left. Side Shuffle Left.

- 1 2 Turning 1/2 turn Left, step back on Right. (9:00) Turning 1/2 turn Left, step forward on Left. (3:00)
- 3&4 Step forward on Right. Close Left beside Right. Step forward on Right. (Shuffle forward)
- 5 6 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)
- 7&8 Turning 1/4 turn Right, step Left to Left side. Close Right beside Left. Step Left to Left side. (1/4 turning side shuffle)(Facing 12 o'clock)

Part B (32 Counts)

[1-8] Out. Out. In. In. Rock Forward Right. Touch Right Back. Unwind 1/2 Turn Right. Right Coaster Step.



- &1&2 Step Right to Right side. Step Left to Left side. Step Right in to Centre. Step Left next to Right.
- 3 4 Rock forward on Right. Recover weight on left.
- 5 6 Touch Right toe back behind Left. Unwind 1/2 turn Right. (Weight on Left)(Facing 6 o'clock)
- 7&8 Step back on Right. Step Left beside Right. Step slightly forward on Right.

[9-16] Step. Point. Step. Point. Cross & Weave Right.

- 1 2 Step forward on Left. Point Right toe to Right side.
- 3 4 Step forward on Right. Point Left toe to Left side.
- 5 6 Cross Left over Right. Step Right to Right side.
- 7 8 Step Left behind Right. Step Right to Right side.

[17-24] Left Cross Rock. Left Side Shuffle. Cross. Unwind 1/2 Turn Left. Left Coaster Step.

- 1 2 Cross rock Left over Right. Recover weight on Right.
- 3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side.
- 5 6 Cross Right over Left. Unwind 1/2 turn Left. (Weight on Right)(Facing 12 o'clock)
- 7&8 Step back on Left. Step Right beside Left. Step slightly forward on Left.

[25-32] Right Toe Strut Forward. 1/2 Turn Right Left Toes Strut Back. Back Rock. Walk Forward.

- 1 2 Step forward on Right toe. Step Right heel down.
- 3 4 Turning 1/2 turn Right, step back on Left toe. Step Left heel down. (Facing 6 o'clock)
- 5 6 Rock back on Right. Recover weight on Left.
- 7 8 Step forward on Right. Step forward on Left.

Repeat Part B (Facing 6 o'clock)