

Red River Rock

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Improver
编舞者: HP Low (UK) & Babs Low (UK) - March 2021
音乐: Red River Rock - Johnny & The Hurricanes



This dance is ideal for beginners as it has 7 basic steps for beginners to get used to dancing to a faster tempo (intro- start on 3rd note)

Section 1 - Lock Steps with brush x 2

1-4 Step R fwd, close L behind R, Step R fwd, Brush L fwd
5-8 Step L fwd, close R behind L, Step L fwd, Brush R fwd

Section 2 - Rocking Chair x 2

1-4 Rock R fwd, recover to L, rock R back, recover to L
5-8 Rock R fwd, recover to L, rock R back, recover to L

Section 3 - ¼ turn Vine (4) to R, Rock and cross Hold

1-4 ¼ turn L, stepping on R, step L behind R, Step R to R, cross L over R (9.00)
5-8 Rock R to R, recover to L, Cross R over L, HOLD

Section 4 - Vine (4) to L, Rock and cross Hold

1-4 Step L to L, step R behind L, Step L to L, cross R over L
5-8 Rock L to L, recover to R, Cross L over R, HOLD

Section 5 - Forward Rumba box with holds

1-4 Step R to R, step L next to R, Step R fwd, HOLD
5-8 Step L to L, Step R next to L, Step L back HOLD

Section 6 - ½ Rumba box going back with holds, side together side ¼ L turn

1-4 Step R to R, step L next to R, Step R back, HOLD
5-8 Step L to L, Step R next to L, ¼ L turn step HOLD (6.00)

(Restart here on wall 4 facing 6.00)

Section 7 - Stomp, heel toe swivel, stomp X2

1-4 Stomp R to R, Swivel L heel in, Swivel L toe in, Quick stomp L next to R, weight stays on R
5-8 Stomp L to L, Swivel R heel in, Swivel R toe in, Quick Stomp R next to L, weight stays on L

Section 8 - Paddle ¼ turn (x4)

1-4 Step R fwd, ¼ turn to L, Step R fwd, ¼ turn to L
5-8 Step R fwd, ¼ turn to L, Step R fwd, ¼ turn to L (6.00)

The dance will end at 6.00 with 2 rocking chairs, instead of doing the second rocking chair, rock fwd on R, recover to Left foot, ½ turn R to the front (12.00) step on R HOLD