

# Set Me Free

COPPER KNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数: Phrased Intermediate  
编舞者: Diana Liang (CN), Rob Fowler (ES) & I.C.E. (ES) - March 2021  
音乐: Set Me Free - Eden Alene



Sequence: AA, B, A, BB, AA, BB, Tag, AA, Ending

## PART A

### S1: Forward, Hold, Rock, Recover ¼ L, ¼ L Forward, ½ L Back, Sweep, Coaster with Sweep

1,2            Step Rf forward, hold  
&3,4          Rock Lf forward, recover on Rf making ¼ turn to L, make ¼ turn to L stepping Lf forward 6:00  
5,6            Make ½ turn L stepping Rf back, sweep Lf back 12:00  
7&8           Step Lf back, step Rf next to Lf, step Lf forward sweeping Rf

### S2: Cross, Hold, & Behind, Sweep, Behind, Side Lunge, ¼ L, ¼ L Hitch, Point R

1,2            Cross Rf over Lf, hold  
&3,4          Step Lf to L side, step Rf behind Lf, sweep Lf back  
5,6            Lf behind, lunge Rf to R side (preparing for turn)  
7,8&          Make ¼ turn to L recovering weight on Lf, keeping weight on Lf make ¼ turn to L hitching Rf, point Rf to R side 6:00

## PART B

### S1: Cross, Side Rock, Recover, Cross, Side Rock, Recover, ½ R Turning Voltas

1&2            Step Rf forward and across Lf, rock Lf ball to L side, recover on Rf  
3&4            Step Lf forward and across Rf, rock Rf ball to R side, recover on Lf  
(Note: Counts 1-4 are in the style of samba bota fogos)  
5&6&          Cross Rf over Lf making 1/8 to R, step Lf ball next to Rf, cross Rf over Lf making 1/8 to R, step Lf ball next to Rf  
7&8            Cross Rf over Lf making 1/8 to R, step Lf ball next to Rf, make 1/8 to R stepping forward on Rf 6:00

### S2: Cross, Step, Point, & Cross, Step, Point, Rock Back, Recover, Step, Rock Back, Recover, Step

1&2&          Cross Lf over Rf, step Rf slightly forward, point Lf to L diagonal, step Lf in place  
3&4            Cross Rf over Lf, step Lf slightly forward, point Rf to R diagonal  
(Note: Counts 1-4 are in the style of samba carioca run)  
5&6            Rock back on Rf, recover on Lf, step Rf behind Lf  
7&8            Rock back on Lf, recover on Rf, step Lf behind Rf

(Note: Counts 5-8 are in the style of samba batucadas) 6:00

### S3: Rock Back, Recover, Step, Rock Back, Recover, Step, ¼ Diamond

1&2            Rock back on the ball of Rf, recover on Lf, step Rf next to Lf  
3&4            Rock back on the ball of Lf, recover on Rf, step Lf next to Rf  
(Note: Counts 1-4 are in the style of samba stationary walk)  
5&6&          Cross Rf over Lf, step Lf to L side, make 1/8 turn R stepping back on Rf, hitch Lf 7:30  
7&8            Step Lf back, make 1/8 turn R stepping Rf to R side, step Lf forward 9:00

### S4: Side R, Rock Back, Recover, Side L, Rock Back, Recover, ¼ L, Hip Bumps

1&2            Step Rf to R side, rock back on ball of Lf behind Rf, recover on Rf  
3&4            Step Lf to L side, rock back on ball of Rf behind Lf, recover on Lf  
(Note: Counts 1-4 are done in the style of samba whisk)  
5&6            Make ¼ turn L stepping Rf to R side, bump L hip up, bump L hip down  
&7&8          Bump L hip up, bump L hip down, bump L hip up, step Lf in place taking weight 6:00

**TAG: The tag occurs after the 5th repetition of Part B.**

**To do the tag, please change count 8 of Part B, S4 to bump L hip down keeping weight on Rf - Full L Turning Volta**

1&            ¼ turn to L stepping Lf forward, step Rf ball next to Lf

2&            ¼ turn to L stepping Lf forward, step Rf ball next to Lf

3&            ¼ turn to L stepping Lf forward, step Rf ball next to Lf

4              ¼ turn to L stepping Lf forward

**ENDING: Step forward on Rf**

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