

Zebra Horse

COPPER KNOB
STEPPERS

拍数: 96 墙数: 2 级数: Phrased Easy Intermediate
编舞者: Antoinette Seiler (UK) - March 2021
音乐: Zebra Horse - Rubber Duc



Sequence: AB AB Tag B AB B B16 counts to end

Intro: 48 start on vocals counts (approx. 23 secs)

A - 64

S1 Rock fwd, Lock step back, Rock back, Lock step fwd 12

1-2 Rock fwd on R, recover weight L
3&4 Step back on R, Step L to R, Step back on R
5-6 Rock back on L, recover weight R
7&8 Step fwd on L, Step R to L, Step fwd on L

S2 R Fwd, Serpentine Step, ¼ Turn L 12

1-2 Step fwd on R, Sweep L foot from back to front
3-4 Place weight on L as you cross L over R, Stepping R foot to R side
5-6 Step L behind R with weight as you sweep R foot from front to back
7-8 Step R behind L with weight as you turn ¼ L, stepping fwd on L 9

S3 Rock fwd, Lock step back, Rock back, Lock step fwd 9

Repeat S1

S4 R Fwd, Serpentine Step ¼ Turn L 9

Repeat S2 6

S5 R Samba, Cross L over R, ¼ Turn L, ¼ Turn L Shuffle L, Cross R over L, Step L to L side - 6

1&2 Step R across L, Rock L foot to L side on ball of L foot, Replace weight on R
3-4 Cross L foot over R, ¼ Turn L stepping back on R with weight 3
5&6 ¼ Turn L, Stepping L to L side, Step R foot beside L, Step L foot to L side 12
7-8 Step R foot across L, Step L foot to L side

S6 Dip R behind L, ¼ Turn L, Step R fwd, ½ Pivot Turn L, ¼ Turn L, Step R to R side, L behind R, Point R foot to R side, Hold & Clap 12

1-2 Step R foot behind L, bending knees to dip down, Turn ¼ L, Step fwd on L 9
3-4 Step fwd on R turn ¼ L, Stepping fwd on L 3
5-6 Continue turning ¼ L as you step R foot to R side, Step L foot behind R 12
7-8 Point R foot to R side(keeping weight on L), Hold as you clap

S7 R Samba, Cross L over R, ¼ Turn L, ¼ Turn L Shuffle L, Cross R over L 12

Step L to L side 9

Repeat S5 6

S8 Dip R behind L, ¼ Turn L, Step R fwd, ½ Pivot Turn L, ¼ Turn L, Step R to R side, L behind R, Point R foot to R side, Hold 6

Repeat S6 (no clap) 396

B - 32

S1 R Samba, L Samba, Rock Fwd R, Recover L, ½ Turn R, Shuffle R 6

1&2 Step R across L, Rock L foot to L side on ball of L foot, Replace weight on R
3&4 Step L across R, Rock R foot to R side on ball of R foot, Replace weight on L
5-6 Rock R foot Fwd, Recover weight to L

7&8 Turn ½ R, Stepping R foot fwd, Step L foot to R, Step fwd on R 12

S2 L Samba, R Samba, Rock Fwd L, Recover R, ½ Turn L, Shuffle L 12

1&2 Step L across R, Rock R foot to R side on ball of R foot, Replace weight on L

3&4 Step R across L, Rock L foot to L side on ball of L foot, Replace weight on R

5-6 Rock L foot Fwd, Recover weight to R

7&8 Turn ½ L, Stepping L foot fwd, Step R foot to L, Step fwd on L 6

S3 ½ Jazzbox L, Toe Struts R, L, R 6

1-2 Step R across L, Step L back with weight

3-4 Touch R foot to R side on toes, engage weight by putting heel down

5-6 Cross L over R, toes down only, then transfer weight putting heel down

7-8 Touch R foot to R side on toes, engage weight by putting heel down

S4 ½ Jazzbox R, Toe Struts L, R, L 6

1-2 Step L across R, Step R back with weight

3-4 Touch L foot to L side on toes, engage weight by putting heel down

5-6 Cross R over L, toes down only, then transfer weight putting heel down

7-8 Touch L foot to L side on toes, engage weight by putting heel down

TAG

S1 Camel steps R, L, R, L, Hip Bumps R, L with attitude Struts 12

1 Step fwd on R as you bring L toe next to R heel, popping L knee up

2 Step fwd on L as you bring R toe next to L p, popping R knee

3 Step fwd on R as you bring L toe next to R heel, popping L knee up

4 Step fwd on L as you bring R toe next to L p, popping R knee

5-6 Point R toe to R side, opening R hip to R side, Place heel down & weight

7-8 Point L toe to L side, opening L hip to L side, Place heel down & weight

S2 R Kickball Replace, Point L to L side, L Kickball Replace, Point R to R side, Rock R Fwd, Recover, ½ Turn R, Step Fwd R, Step L to R, jump 12

1&2 Kick R foot fwd, Replace R next to L as you point L foot to L side

3&4 Kick L foot fwd, Replace L next to R as you point R foot to R side

5-6 Rock fwd on R, recover weight to L

7-8 Turn ½ R, stepping fwd on R ,bring L foot to R as you make a small jump or Pop heels up together - 6

S3 Camel steps R, L, R, L, Hip Bumps R, L with attitude Struts 6

Repeat S1

S4 R Kickball Replace, Point L to L side, L Kickball Replace, Point R to R side, Rock R Fwd, Recover, ½ Turn R, Step Fwd R, Step L to R, 6

Repeat S2 (no jump) 12

S5 Swivel R, L,R, L as you Flick L, Swivel L, R, L R as you Flick R 12

1-2-3-4 Swivel heels of both feet R , Swivel both toes R, Swivel both heels R, Swivel R foot to R as you flick L foot up to the L side

5-6-7-8 Swivel toes of both feet L, Swivel both heels L, Swivel both toes L, Flick R foot up to the R side

S6 R Rocking Chair, Turning Over R shoulder run around R, L, R, L 12

1-2 Rock R foot Fwd, Recover weight to L

3-4 Rock R foot Back, Recover weight to R

5-6-7-8 Turning R over R shoulder run around full circle back to 12 O Clock on R foot, L foot,R foot L foot

END 16 counts of B to finish..you will end facing 6 O clock Step fwd R, Pivot 1/2 Turn left to face 12 Step R foot to R side & raise R palm ("Say it bro") Raise L palm (" What must I say?") point R arm fwd as he says " LEKKER" (This means fantastic in Afrikaans)

This Dance was written for fun, I hope you enjoy!

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