

Mama's Favorite Song

COPPER KNOB
BYEPOSTETS

拍数: 36 墙数: 4 级数: Improver
编舞者: Hervé CANONNE (FR), Martine Canonne (FR), Gueric Auville (FR), Delphine Zammit (FR) & Catherine Huchon (FR) - March 2021
音乐: Mama's Favorite Song - Ava Rowland : (Album : Mama's Favorite Song - 2021 - iTunes)



Choreographers : High 5

Start : 1 count -- No Tag No Restart

[1 - 8] WALKS R & L, ROCKING CHAIR, WALKS R & L, STEP 1/4 CROSS

1 - 2 Step RF fwd, step LF fwd
3&4& Step RF fwd, recover onto LF, step RF back, recover onto LF
5 - 6 Step RF fwd, step LF fwd
7 & 8 Step RF fwd, turn ¼ left (weight onto LF), cross RF over LF (09:00)

[9 - 18] SIDE-BEHIND-SIDE, CROSS ROCK, SIDE-CROSS, HEEL JACK x 2, BACK-HEEL-TOGETHER

1 - 2 & Step LF to left side, cross RF behind LF, step LF to left side
3 - 4 Cross RF over LF, recover onto LF
& 5 Step RF to right side, cross LF over RF
&6&7 Step RF slightly back right, touch heel LF diagonal fwd, step LF next to RF, touch toe RF next to LF
&8&9 Step RF slightly back right, touch heel LF diagonal fwd, step LF next to RF, touch toe RF next to LF
&10& Step RF slightly back rich, touch heel LF diagonal fwd, step LF next to RF (09:00)

[19 - 26] SKATE, SKATE, TRIPLE STEP FWD, ROCK STEP, COASTER CROSS

1 - 2 Step RF diagonal right fwd, step LF diagonal left fwd
3 & 4 Step RF fwd, step LF next to RF, step RF fwd
5 - 6 Step LF fwd, recover onto RF
7 & 8 Step LF back, step RF next to LF, cross LF over RF

[27 - 36] KICK BALL CROSS x 2, PIVOT 1/4 LEFT x 2, CROSS - POINT x 2

1 & 2 Kick RF diagonal right fwd, step ball RF next to LF, cross LF over RF
3 & 4 Kick RF diagonal right fwd, step ball RF next to LF, cross LF over RF
5 - 6 Pivot turn ¼ left stepping RF back, pivot turn ¼ left stepping LF to left side (03:00)
7 - 8 Cross RF over LF, touch point LF to left side
9 - 10 Cross LF over RF, touch point RF to right side (03:00)

FINAL : At the end of the 7th wall, you are facing 09:00. Add the next 4 counts for finish facing 12:00

JAZZ BOX 1/4 TURN w/HOLD, TOGETHER

1 - 8 Cross RF over LF, hold, step LF back, hols, turn ¼ right stepping RF to right side, hold, step LF fwd, hold
9 - 10 Step RF next to LF, hold (12:00)

Contact: martine@talons-sauvages.com <http://danseavecmartineherve.fr/>