

Honky Tonk Of Life (洪基·通克) (zh)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Oliver Neundorf (DE) - 2021年03月
音乐: Honky Tonk of Life - Rascal & Mc Lane



Intro: The dance begins after 16 beats with the use of the Singing - no restarts, no tags

注: 16拍后开始, 用唱

S1: Chassé r turning ¼ r, ¼ turn r / chassé l, jazz box with cross

- 1 & 2 step R with right - put left foot on right, ¼ turn clockwise and step forward with right (3 o'clock)
3 & 4 ¼ turn clockwise and step L with left - right foot sit down on the left and step L with the left (6 o'clock)
5-6 Cross right foot over left - step L backwards
7-8 step R with right - cross left foot over right

S1: 沙塞r车削1/4 r、1/4车削r/沙塞l、带十字的爵士乐盒

- 右1步和右2步 — 右左脚, 顺时针转1/4, 右转 (3点钟)
3和4 1/4顺时针转, 左 — 右脚步行L, 在左侧坐下, 左侧按L步 (6点)
左上5-6交叉右脚 — 向后L步
7-8步R, 右 — 右左脚交叉

S2: Chassé r turning ¼ r, ¼ turn r / chassé l, jazz box turning ¼ r

- 1 & 2 step R with right - put left foot on right, ¼ turn clockwise and step R forward with right (9 o'clock)
3 & 4 ¼ turn clockwise and step L with left - right foot sit down on the left and step L with the left (12 o'clock)
5-6 Cross right foot over left - ¼ turn clockwise and step backwards with left (3 o'clock)
7-8 step R with right - step forward with left

S2: 沙塞r车削1/4 r、1/4车削r/沙塞l、爵士乐盒车削1/4 r

- 右1步和右2步 — 右左脚, 1/4顺时针转, 右前移R (9点)
3和4 1/4顺时针转, 左 — 右脚步行L, 在左侧坐下, 左侧按L步 (12点)
左上角5-6交叉右脚 — 顺时针和台阶1/4转, 左向后 (3点)
7-8步R右 — 左前步

S3: Kick-ball change 2x, hitch, back r + l

- 1 & 2 Kick right foot forward - put right foot next to left and Step in place with your left
3 & 4 Like 1 & 2
5-6 Raise your right knee (turn it slightly outwards) - step R backwards
7-8 Raise your left knee (turn it slightly outwards) - step L backwards

S3: 踢球更换2倍, 挂接, 后r + l

- 1和2踢右脚向前 — 左和右脚旁边, 左起就位
3和4类1和2
5-6举起右膝 (稍微向外翻) — 向后倒R步
7-8提高左膝 (稍微向外翻) — 向后倒L步

S4: Shuffle back, shuffle back turning ½ l, step, pivot ½ l, step, stomp

- 1 & 2 step backwards with right - put left foot on right and Step backwards with the right
3 & 4 ¼ turn counterclockwise and step L with left - right foot on sit down on the left, ¼ turn to the left and step forward with left (9 o'clock)
5-6 step forward with right - ½ turn to the left on both balls, Weight at the end on the left (3 o'clock)

7-8 step forward with right - stomp left foot next to right

S4:后洗，后洗，后翻1/2升，步骤，旋转1/2升，步骤，步骤，踩踏

右向1步和2步 — 左脚右脚，向右后退

3和4 1/4逆时针旋转，左 — 右脚朝L步，坐在左边，向左转1/4，向前走，左（9点）

向前5-6步，右 — 两个球向左转1/2, 左端的重量（3点）

向前7-8步，右 — 左脚靠右

Repeat until the end

重复到结尾

Oliver Neundorf. Address: Germany

Links: [linedance-dj-olli@gmx.de] [https://youtube.com/channel/UCNgbvXzmVlqeP7BRof71Jmg]

[https://www.facebook.com/LinedanceDJolli/]

Tom Rascal & Mc Lane Honky Tonk of Life

Album: Honky Tonk of Life

奥利弗·纽多夫。地址：德国

链接：[linedance-dj-olli@gmx.de] [https://youtube.com/channel/UCNgbvXzmVlqeP7BRof71Jmg]

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