

7 Summers

拍数: 32 墙数: 2 级数: Beginner
编舞者: Betty Moses (USA) - March 2021
音乐: 7 Summers - Morgan Wallen



Intro: 32 counts

[1-8] Step Forward R/L, Triple Forward, Rock Forward/Recover, Coaster Cross

1,2 Step forward on R, Step forward on L
3&4 Triple forward R-L-R
5,6 Rock forward on L, Recover weight on R
7&8 Step back on L, Step R next to L, Cross L over R

Restart Wall 4(Change 7&8 to a regular coaster step - no crossover & restart the dance facing 6:00)

[9-16] Side/Together, Triple Forward, Side/Together, Triple Back

1,2 Step R to side, Step L next to R
3&4 Triple forward R-L-R
5,6 Step L to side, Step R next to L
7&8 Triple back L-R-L

[17-24] Rock Back/Recover, Triple ½ Turn, Rock Back/Recover, Triple ½ Turn

1,2 Rock back on R, Recover weight on L
3&4 Triple ½ over left shoulder R-L-R (6:00)
5,6 Rock back on L, Recover weight on R
7&8 Triple ½ over right shoulder L-R-L (12:00)

Restart Wall 8 (Change 7&8 to a triple step forward - no turn & restart the dance facing 6:00)

[25-32]Rock Back/Recover, (Modified Figure 8) ¼ Turn Side , Behind, ¼ turn Step Forward, Pivot ½, Step Forward

1,2 Rock back on R, Recover weight on L
3-5 Step R to side turning ¼ left (9:00), Step L behind R, Step R forward turning ¼ right (12:00)
6,7 Step L forward, Pivot ½ turn over right shoulder (6:00)
8 Step L forward

Happy Dancing

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Last Update - 19 March 2021