

Fillin' My Cup

COPPER KNOB
STEPPERS

拍数: 46 墙数: 3 级数: Phrased Intermediate
编舞者: Sonny V. (DE) - March 2021
音乐: Fillin' My Cup (feat. Little Big Town) - Hailey Whitters



Phrases: A A B C - Tag (2 cts) - A A B C - C C B C

Intro: start to count when the drum gets in, then start dancing after 18 counts

PART A - 11 counts

Stomp Fwd. x2, Toes Brush x3, Ball Step, Cross, Coaster Step, ½ Turn Left, Side, Kick, Close, Heel, Hook

1 - 2 stomp RF fwd. (1) - stomp LF fwd. (2)
3&4& brush R toes fwd. (3) - brush R toes back into a slight hook (&) - brush R toes fwd. (4) - R ball step fwd.(&)
5 cross LF over RF (5)
6&7 RF back (6) - LF next to RF (&) - RF fwd. (7)
8 - 9 ½ turn left step on LF (8) 6:00 - RF right (9)
10&11& LF kick fwd. (10) - LF close next to RF (&) - touch R heel fwd. (11) - hook RF in front of LF (&)

PART B - 19 counts

Shuffle Fwd., Shuffle Left, ¼ Turn Right Shuffle Right, Cross Rock 1/8 Turn Right, Recover

1&2 RF fwd. (1) - LF next to RF (&) - RF fwd. (2)
3&4 LF left (3) - RF next to LF (&) - LF left (4)
5&6 ¼ turn right RF right (5) 3:00 - LF next to RF (&) - RF right (6)
7 - 8 1/8 turn right LF rock over RF into diagonal (7) 4:30 - recover on RF (8)

Diagonal Back Lock Back, 1/8 Turn Left Touch, Heel, Flick, Stomp, Heel Stomp x3 (Hands on Hips), Mambo Fwd., Touch, Mambo Back, Touch

9&10& LF diag. back (9) - RF cross in front of LF (&) - LF diag. back (10) - 1/8 turn left touch RF next to LF (&) 3:00
11&12 touch R heel fwd. (11) - flick RF out behind (&) - RF stomp fwd. (12)
13 - 14 R heel lift slightly and stomp in place (13) - R heel lift slightly and stomp in place (14)
15 R heel lift slightly and stomp in place (15) (13-15: put your hands on your hips)
16&17& RF rock fwd. (16) - recover on LF (&) - RF back (17) - touch LF next to RF (&)
18&19& LF rock back (18) - recover on RF (&) - LF fwd. (19) - touch RF next to LF (&)

Part C - 16 counts

(Step Lock Step, Heel Scuff, ¼ Turn Right Vine Left, Heel Scuff) x2

1&2& RF fwd. (1) - LF lock behind RF (&) - RF fwd. (2) - scuff L heel fwd. (&)
3&4& ¼ turn right LF left (3) 6:00 - RF behind LF (&) - LF left (4) - scuff R heel fwd. (&)
5&6& RF fwd. (5) - LF lock behind RF (&) - RF fwd. (6) - scuff L heel fwd. (&)
7&8& ¼ turn right LF left (7) 9:00 - RF behind LF (&) - LF left (8) - scuff R heel fwd. (&)

Hop with Hitch, Back, Hop with Hitch, Back, Side and Hold with Shoulder Shimmys, Touch, ¼ Turn Left with sweep, Fwd. with sweep, Step ½ Turn Right, ½ Turn Right

9&10& little hop on LF hitching R knee up (9) - RF back (&) - little hop on RF hitching L knee up (10) - LF back (&)
11&12 RF right with shoulder shimmys (11) - hold with shoulder shimmys (&) - LF touch next to RF (12)
13-14 LF ¼ turn left sweeping RF fwd. (13) 6:00 - RF fwd. sweeping LF fwd. (14)
15&16 LF fwd. (15) - ½ turn right step on RF (&) 12:00 - ½ turn right step on LF (16) 6:00

Tag (6:00) 2 cts. - Back Lock Back, Close

1&2& RF back (1) - LF cross in front of RF (&) - RF back (2) - LF close next to RF (&)

Start again and have fun!

All kind of feedback is welcome! Write to: dancing-unicorn@gmx.net
