

Muchacha

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Toni Scholefield (CAN) - March 2021
音乐: Muchacha - Gente de Zona & Becky G.



Intro: 16 counts - Direction: CW

PHRASE SEQUENCE: A-A-B-A-A-B-A-*A-B-A-A-B

Restart: Wall 8 *after 16 counts of A

A-32 COUNT

MAMBO RIGHT, MAMBO LEFT, STEP RIGHT TO SIDE, LEFT TO SIDE, CROSS RIGHT OVER LEFT, STEP LEFT TO SIDE, CROSS RIGHT OVER LEFT, STEP LEFT TO SIDE, CROSS RIGHT OVER LEFT

1&2 Step right to right side, recover left, step right together
3&4 Step left to left side, recover right, step left together
5&6& Step right to right side, step left to left side, cross right over left, step left to left side
7&8 Cross right over left, step left to left side, cross right over left

SAMBA STEP, STEP RIGHT FORWARD, STEP LEFT FORWARD, STEP RIGHT FORWARD 1/2 TURN RIGHT, STEP LEFT FORWARD, HITCH RIGHT WITH HIP BUMP TWICE

1&2 Step left forward, step right to right side, recover on left
3-4 Step right forward, step left forward
5-6 Step right forward 1/2 turn right, step left forward
7-8 With weight on left, hitch right with right hip bump twice

SHIMMY TO RIGHT SIDE, HOLD, STEP LEFT TOGETHER, HOLD, SHIMMY TO LEFT SIDE, HOLD, STEP RIGHT TOGETHER, HOLD

1-2 Step right to right side, (shimmy), with knees bent, hold
3-4 Step left together, hold
5-6 Step left to left side, (shimmy), with knees bent, hold
7-8 Step right together, hold

CROSS RIGHT OVER LEFT, RECOVER LEFT, STEP RIGHT TO SIDE, RECOVER LEFT, CROSS RIGHT OVER LEFT, RECOVER LEFT, STEP RIGHT FORWARD 1/4 TURN RIGHT, STEP LEFT FORWARD, STEP RIGHT FORWARD 1/2 TURN RIGHT, STEP LEFT FORWARD, TOUCH RIGHT TOGETHER

1&2& Cross right over left, recover left, step right to right side, recover left
3&4 Cross right over left, recover left, step right forward 1/4 turn right
5-6 Step left forward, step right forward 1/2 turn right
7-8 Step left forward, touch right together

B-32 COUNT

STEP RIGHT TO SIDE, LEFT TOGETHER, STEP RIGHT TO SIDE, LEFT TOE IN, LEFT HEEL OUT, STEP LEFT TO SIDE, RIGHT TOGETHER, STEP LEFT TO SIDE, RIGHT TOE IN, RIGHT HEEL OUT

1-2 Step right to right side, step left together
3&4 Step right to right side, touch left toe in, touch left heel out
5-6 Step left to left side, step right together
7&8 Step left to left side, touch right toe in, touch right heel out

COASTER STEP, STEP LEFT FORWARD, STEP RIGHT FORWARD 1/2 TURN RIGHT, SHUFFLE BACK 1/2 TURN RIGHT, ROCK BACK RIGHT, RECOVER LEFT

1&2 Step right back, step left together, step right forward
3-4 Step left forward, step right forward 1/2 turn right

5&6 Step left forward, step right back 1/2 turn right, step left back
7-8 Step right back, recover left

STEP RIGHT TO SIDE, LEFT TOGETHER, STEP RIGHT TO SIDE, LEFT TOE IN, LEFT HEEL OUT, STEP LEFT TO SIDE, RIGHT TOGETHER, STEP LEFT TO SIDE, RIGHT TOE IN, RIGHT HEEL OUT

1-2 Step right to right side, step left together
3&4 Step right to right side, touch left toe in, touch left heel out
5-6 Step left to left side, step right together
7&8 Step left to left side, touch right toe in, touch right heel out

COASTER STEP, STEP LEFT FORWARD, STEP RIGHT TO RIGHT SIDE 1/4 TURN RIGHT, JAZZ BOX

1&2 Step right back, step left together, step right forward
3-4 Step left forward, step right to side 1/4 turn right
5-6 Cross left over right, step right back
7-8 Step left to left side, touch right together

***RESTART (1): Wall 8 after 16 counts facing 3:00**

***ENDING: Wall 12, on count 28 B sequence, no 1/4 turn before jazz box to face 12 with attitude.**

***WALL SEQUENCE: 12, 3, 6, 9, 12, 3, 6, 9, 3, 6, 9, 12**
