

# I Do Polka

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 2      级数: Intermediate / Advanced Polka style  
编舞者: Fred Whitehouse (IRE) & Shane McKeever (N.IRE) - January 2021  
音乐: I Do Thing - Kylie Frey : (iTunes etc.)



**Intro: 16 counts from start of track (app. 7 secs into track). Start with weight on L foot**  
**Sequence: 48, 48, Tag (16), 48, 48, Tag (8), 48, 48, Tag (16)**

**Tag: 16 counts. Described at bottom of page**

**Ending: Dance ends naturally to the front wall when you complete your tag the 3rd time**

## **[1 - 8] Step ½ L, shuffle ½ L, skip R&L, L coaster step**

1 - 2      Step R fwd (1), turn ½ L onto L (2) 6:00  
3&4      Turn ¼ L stepping R to R side (3), step L next to R (&), turn ¼ L stepping back on R (4) 12:00  
&5&6      Scoot back on R hitching L knee (&), step back on L (6), scoot back on L hitching R knee (&)  
step back on R (6) 12:00  
7&8      Step back on L (7), step R next to L (&), step fwd on L (8) 12:00

## **[9 - 16] R side rock, together, L side rock, touch L behind, unwind ½ L, out out, in in**

1 - 2      Rock R to R side (1), recover on L (2) 12:00  
&3 - 4      Step R next to L (&), rock L to L side (3), recover on R (4) 12:00  
5 - 6      Touch L behind R (5), unwind ½ L onto L (6) 6:00  
&7&8      Step R out to R side (&), step L out to L side (7), step R to centre (&), step L next to R (8)  
6:00

## **[17 - 24] R chasse, ¼ L into L chasse, R kick cross, touch L, step L back, big step R, slide**

1&2      Step R to R side (1), step L next to R (&), step R to R side (2) 6:00  
3&4      Turn ¼ L on R stepping L to L side (3), step R next to L (&), step L to L side (4) 3:00  
5&6&      Cross kick R over L (5), step down on R (&), tap L behind R (6), step L back (&) 3:00  
7 - 8      Step R a big step to R side (7), start sliding L towards R (8) 3:00

## **[25 - 32] ¼ R into step ½ R, ¼ R into L chasse, R cross rock, side R, point L, ¼ L flick R back**

1 - 2      Turn ¼ R on R and step L fwd (1), turn ½ R onto R (2) 12:00  
3&4      Turn ¼ R on R stepping L to L side (3), step R next to L (&), step L to L side (4) 3:00  
5 - 6      Cross rock R over L (5), recover on L (6) 3:00  
&7 - 8      Step R to R side (&), point L to L side (7), turn ¼ L onto L flicking R back (8) 12:00

## **[33 - 40] Fwd R, flick L & slap, back L & slap R knee, out out, jump together, R charleston step**

&1&2      Step R fwd (&), flick L up behind R slapping L foot with R hand (1), step L back (&), hitch R  
knee slapping knee with L hand (2) 12:00  
&3 - 4      Step R out to R side (&), step L out to L side (3), jump feet together (4) 12:00  
&5&6      Swivel both heels out (&), swivel heels in and point R fwd (5), swivel both heels out (&),  
swivel heels in and step R back (6) 12:00  
&7&8      Swivel both heels out (&), swivel both heels in and point L foot back (7), swivel both heels out  
(&), swivel both heels in and step L fwd (8) 12:00

## **[41 - 48] Point ¼ L X 2, fwd R, hitch L, rocks with claps**

1 - 2      Turn ¼ L on L pointing R to R side (1), turn ¼ L on L pointing R to R side (2) ... Option: snap  
fingers out to side on each point 6:00  
3 - 4      Step R fwd (3), hitch L knee (4) 6:00  
5&6&      Step L fwd (5), clap hands at shoulder height (&), recover back on R (6), clap hands at hip  
level (&) 6:00  
7&8      Rock fwd on L (7), clap hands twice at shoulder level (&8) 6:00

**TAG: 16 counts/always happens at 12:00 (Note: the 2nd time you only do the first 8 counts of the tag)**

**[1 - 8] Step ½ turn X 2, V step**

1 - 4 Step R fwd (1), turn ½ L onto L (2), step R fwd (3), turn ½ L onto L (4) 12:00

5 - 8 Step R out to R diagonal (5), step L out to L diagonal (6), step R back to centre (7), step L next to R (8) 12:00

**[9 - 16] Full turn chasse box**

1&2 Step R to R side (1), step L next to R (&), step R to R side (2) 12:00

3&4 Turn ¼ L on R stepping L to L side (3), step R next to L (&), step L to L side (4) 9:00

5&6 Turn ¼ L on L stepping R to R side (5), step L next to R (&), step R to R side (6) 6:00

7&8 Turn ¼ L on R stepping L to L side (7), step R next to L (&), turn ¼ L stepping L fwd (8) 12:00

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