

Thick Thighs

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Marianne Langagne (FR) - 6 March 2021
音乐: Thick Thighs - Priscilla Block



Intro: 16 Comptes

Funnel : At the end of 5th wall which ends at 3:00, Restart the dance from section 2

S1: DIAGONALLY LARGE STEP R, CLOSE, BOUNCE, SWIVEL, RETURN, DIAGONALLY LARGE STEP L, CLOSE, BOUNCE, SWIVEL, RETURN

1-2 Large Step Diagonally Fwd R (body stay at 12:00), Together
&3&4 Lift Heels, Heels down, Pivote Heels to the R, Return (hands to hips)
5-6 Large Step Diagonally Fwd L (body stay at 12:00), Together
&7&8 Lift Heels, Heels down, Pivote Heels to the L, Return (hands to hips)

S2: DIAGONALLY BACK WITH TOUCH & CLAP, MAMBO R SIDE, MAMBO L SIDE

1&2& RF Diagonally Back R , Touch LF next to RF/Clap, LF Diagonally Back L, Touch RF next to LF/Clap
3&4& RF Diagonally Back R , Touch LF next to RF/Clap, LF Diagonally Back L, Touch RF next to LF/Clap
5&6 RF to the R, Recover on LF, RF next to LF
7&8 LF to the L, Recover on RF, LF next to RF

S3: SWIVEL TO R, RETURN, SWIVEL TO R, RETURN, SWIVEL 1/8 TURN L / HITCH, COASTER STEP WITH 1/8 TURN L, TRIPLE FWD,

1-2 Pivote Heels to the R, Return
3&4 Pivote Heels to the R, Return, Pivote Heels to the R / Hitch (body around 11:30)
5&6 LF Back, Together, LF Fwd with 1/8 Turn L (9:00)
7&8 RF Fwd, Together, RF Fwd

S4: FULL TURN R, ROCK STEP, BACK / HITCH , BACK POINT, 1/2 TURN R, MAMBO L FWD

1-2 1/2 Tour à D - LF Back, 1/2 Tour à D - RF Fwd
3&4 LF Fwd, Recover on RF, LF Back / Hitch RF
5-6 R Point Back, Pivote 1/2 Turn R on R Ball
7&8 LF Fwd, Recover on RF, LF next to RF (Option : Pull elbows back, arms bent at the shoulders)

FINAL : At count 31 & 32, make the mambo on 1/4 Turn R to finish at 12:00

ENJOY !!!!

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