

# Palm-Square

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Montse Bou (ES) & Cecilia Coscolla (ES) - 2009  
音乐: Bare Essentials - Lee Kernaghan



## HEEL TOUCHES IN PLACE (R+L), HEEL TOUCHES (R+L) ½ TURN

1-2      Touch right heel forward, step right foot together  
3-4      Touch left heel forward, step left foot together  
5-6      Turning ½ to the right: Touch right heel forward, step right foot together (06:00)  
7-8      Touch left heel forward, step left foot together

## GRAPEVINE RIGHT, GRAPEVINE LEFT ¼ TURN, SCUFF R

9-12      Step right to right side, step left behind right, Step right to right side, touch left beside right  
13-16      Step left to left side, step right behind left, Step left to left with ¼ turn left, Scuff right (03:00)

## STEP-HOOK, STEP-HOOK, STEP- LOCK- STEP RLR, SCUFF L

17-18      Step right forward, Hook left behind right  
19-20      Step left in place, Hook right over left.  
21-23      Step forward right, Lock left behind right, step right forward (03:00)  
24      Scuff Left (here we start to turn to the right)

## STEP L, SCUFF R, STEP R, STOMP L (1 full turn )

25      Step left with ¼ turn right (06:00)  
26      Scuff right with ¼ turn to the right (09:00)  
27      Step right with another ¼ turn right (12:00)  
28      Stomp left with another ¼ turn - complete the full turn (03:00)

## BUMPS (x4)

29-32      Bumps to the left, right, left, right  
**weight to the left to start again with right foot...**

**Start Again**

---