

Highs and the Lows

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Carol Cotherman (USA) - March 2021
音乐: Life Rolls On - Florida Georgia Line



#16-count intro. No Tags or Restarts!

Modified Toe Strut Jazz Box

1-2 Step right toe across left, drop right heel taking weight to right
3-4 Step left toe back, drop left heel taking weight to left
5-6 Step right toe in place, drop right heel taking weight to right
7-8 Step left heel forward, drop left ball taking weight to left

***Snap fingers on even counts**

Jazz Box Cross, Vine with ½ hitch

1-2 Step right over left, step left back
3-4 Step right in place, step left over right
5-6 Step right to side, step left behind
7-8 ¼ Turn right stepping right forward, ¼ turn right hitching left knee slightly over right

Cross Walks with Hitches, Rocking Chair

1-2 Step left across right to slight right diagonal, hitch right knee over left to slight left diagonal
3-4 Step right over left to slight left diagonal, hitch left squaring up to 6:00
5-6 Rock left forward slightly over right, recover to right
7-8 Rock left back slightly behind right, recover to right

Rock, Recover, ¼ Turn Weave, Scuff

1-2 Rock left forward , recover to right
3-4 ¼ Turn left stepping left to side, step right over left
5-6 Step left to side, step right behind left
7-8 Step left to side, scuff right over left

***For lower-impact dancing, substitute scuffs for hitches in sections 2 & 3.**

**Ending: Final wall starts facing 12:00. Dance through the entire dance, but turn ¼ left on the final scuff.
You'll end at 12:00!**
