Moose Knuckle Shuffle



拍数: 38 墙数: 2 级数: Improver

编舞者: Mathew Sinyard (UK) - March 2021

音乐: Moose Knuckle Shuffle - Hot Country Knights



Intro: 16 Counts from main beat (Approx. 10 Sec's)

Section 1: Chasse Left, Back Rock Recover, Chasse Right, Rock Back Recover.

1 & 2 Step left to left side, close right beside left, step left to left side.

3 4 Rock right behind left, recover on to right.

5 & 6 Step right to right side, close left beside right, step right to right side.

(Restart here wall 4)

7 8 Rock left behind right, recover on to right.

Section 2: Out Out, Hands On Hips, Hip Roll x2.

1 - 2 Step left out to left side, step right out to right side.

3 - 4 Place left hand on left hip, place right hand on right hip.

5 - 6 - 7 - 8 Roll hips anti clockwise twice keeping hands on hips till count 8.

Section 3: Left Rocking Chair, Step Pivot ½ x2.

1 - 2 - 3 - 4 Rock forward on left, recover on to right, rock back on left, recover on to right.

5 - 6 - 7 - 8 Step forward on left, pivot ½ turn right, step forward left pivot ½ turn right.

Section 4: Cross Back Side, Cross Back ½, Shuffle Forward.

1 - 2 - 3 - 4 Cross left foot in front of right foot, step back on to right, step left to left side, cross right in

front of left.

5 - 6 step back on left, make a ½ turn right stepping forward on to right.

7 & 8 Step forward on to left, close right beside left, step forward on to left.

Section 5: Rock Recover, Shuffle Back, Stomp x2.

1 - 2 Rock forward on right, recover on to left.

3 & 4 Step back on right, close left beside right, step back on right.

5 - 6 Stomp left, stomp right.

Restart wall 4 - On wall 4 dance the first 6 counts of the dance then restart.

Enjoy

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