

Wellerman Shanty Reel

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Improver
编舞者: Helen Parkyn (UK) - March 2021
音乐: Wellerman (Sea Shanty / 220 KID x Billen Ted Remix) - Nathan Evans, 220 KID & Billen Ted



Immediate start with music on the word 'ONCE' (the REMIX is faster than the original shorter)

[1 - 8] HEEL GRIND TURNS AND COASTERS

- 1, 2, 3&4 - Dig right heel forward, grind heel making 1/4 turn right (weight returning onto left foot, 3.00), right coaster (step back right, close left beside, step forward right)
5, 6, 7&8 - Dig left heel forward, grind heel making 1/4 turn left (weight returning onto right foot, 12.00), left coaster (step back left, close right beside, step forward left)

[9 - 16] SHUFFLE FORWARD RIGHT, LEFT, STEP FORWARD, PIVOT 1/2 LEFT TO 6.00, SHUFFLE FORWARD RIGHT

- 9&10, 11&12 - Shuffle forward right (step forward right, close left, step forward right), shuffle forward left (step forward left, close right, step forward left)

optional - arms crossed across front of chest and roll with shuffles like on a boat

- 13, 14, 15&16 - Step forward right, pivot 1/2 turn left (6.00), shuffle forward right (step forward right, close left, step forward right)

[17 - 24] HEEL GRIND TURNS AND COASTERS

- 17, 18, 19&20 - Dig left heel forward, grind heel making 1/4 turn left (weight returning onto right foot, 3.00), left coaster (step back left, close right beside, step forward left)
21, 22, 23&24 - Dig right heel forward, grind heel making 1/4 turn right (weight returning onto left foot, 6.00), right coaster (step back right, close left beside, step forward right)

[25 - 32] SHUFFLE FORWARD LEFT, RIGHT, STEP FORWARD, PIVOT 1/2 RIGHT TO 12.00, SHUFFLE FORWARD LEFT

- 25&26, 27&28 - Shuffle forward left (step forward left, close right, step forward left), shuffle forward right (step forward right, close left, step forward right)

optional - arms crossed across front of chest and roll with shuffles like on a boat

- 29, 30, 31&32 - Step forward left, pivot 1/2 turn right (12.00), shuffle forward left (step forward left, close right, step forward left)

[33 - 40] HEEL HITCH WITH SLAPS CLAP AND SIDE SHUFFLES (CHASSES)

- 33&34& - dig right heel forward, hitch right knee slapping right hand downwards on side of right thigh, slap right hand upwards on side of right thigh, clap
35&36 - right side shuffle (step right to right side, close left beside right, step right to right side)
37&38& - dig left heel forward, hitch left knee slapping left hand downwards on side of left thigh, slap left hand upwards on side of left thigh, clap
39&40 - left side shuffle (step left to left side, close right beside left, step left to left side)

[41 - 48] 3 X SAILOR STEPS (RIGHT, LEFT, RIGHT) CROSS LEFT BEHIND, UNWIND 1/2 LEFT (6.00)

- 41&42, 43&44 - right sailor (cross right behind left, step left to side, close right beside left), left sailor (cross left behind right, step right to side, close left beside right)
45&46, 47, 48 - right sailor (cross right behind left, step left to side, close right beside left), cross left behind right, unwind 1/2 turn left (6.00)

[49 - 56] HEEL HITCH WITH SLAPS CLAP AND SIDE SHUFFLES (CHASSES)

- 49&50& - dig right heel forward, hitch right knee slapping right hand downwards on side of right thigh, slap right hand upwards on side of right thigh, clap
51&52 - right side shuffle (step right to right side, close left beside right, step right to right side)

53&54 - dig left heel forward, hitch left knee slapping left hand downwards on side of left thigh, slap left hand upwards on side of left thigh, clap

55&56 - left side shuffle (step left to left side, close right beside, step left to left side)

[57 - 64] 2 X SAILORS, STEP, PIVOT 1/2 TURN RIGHT(12.00), STEP, 1/2 TURN (6.00), TOUCH

57&58, 59&60 - right sailor (cross right behind left, step left to left side, close right beside left), left sailor (cross left behind right, step right to right side, close left beside right)

61, 62, - step forward right, pivot 1/2 turn left (12.00),

63&64 - step forward right, make 1/2 turn right (6.00) stepping back left, touch right beside left

Begin again and have fun remember to roll with the boat
