

Unchained Melody Bachata

拍数: 64 墙数: 4 级数: High Beginner
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音乐: Unchained Melody - OG Bachata



No Tag, No Restart

S1 : Basic Bachata (R & L)

1-4 Step R to side, step L together, step R to side, touch L together
5-8 Step L to side, step R together, step L to side, touch R together

S2 : 1/4 Turn R, 1/4 Turn R, Side Touch with Hip, 1/4 Turn L, 1/4 Turn L, Side Touch with Hip

1-2 1/4 turn R step R forward, 1/4 turn R step L to side
3-4 Step R to side, touch L to R with left hip lift
5-6 1/4 turn L step L forward, 1/4 turn L step R to side
7-8 Step L to side, touch R to L with right hip lift

S3 : Rumba Box R with Hip, Rumba Box L with Hip

1-4 Step R to side, step L next to R, step R forward, touch L beside R with left hip lift
5-8 Step L to side, step R next to L, step L back, touch R beside L with right hip lift

S4 : Rock Forward Recover, Back Shuffle, Rock Back Recover, 1/2 Turn R with Hitch

1-2 Rock R forward, recover L
3&4 Step R back, step L next to R, step R back
5-6 Rock L back, recover R
7-8 Step L forward, 1/2 turn R with R hitch (06.00)

S5 : Behind Side Touch R-L-R-L

1-2 Cross R behind L, Touch L to Side
3-4 Cross L behind R, Touch R to side
5-6 Cross R behind L, Touch L to Side
7-8 Cross L behind R, Touch R to side

S6 : Cross Step, Side Chasse (R & L)

1-2 Cross R over L, recover on L
3&4 Step R to side, step L together, step R to side
5-6 Cross L over R, recover on R
7&8 Step L to side, step R together, step L to side

S7 : Cross Side Touch R-L-R-L

1-2 Cross R over L, touch L to side
3-4 Cross L over R, touch R to side
5-6 Cross R over L, touch L to side
7-8 Cross L over R, touch R to side

S8 : Jazzbox (with shimmy), Jazzbox 1/4 Turn R (with shimmy)

1-4 Step R forward, step L back, step R to side, step L beside R
5-8 Step R forward, step L back, 1/4 turn R step R to side, step L beside R (09.00)

Thank You