

Back On My Mind Again

COPPER KNOB
BY STEPHEN

拍数: 96 墙数: 2 级数: Improver
编舞者: Ira Weisburd (USA) - March 2021
音乐: Back On My Mind Again - Ronnie Beard



Intro: 32 counts. Start on Vocal at approx. 19 seconds

NO TAGS !! NO RESTARTS !!

Note: This song and dance is a collaboration between songwriter/singer Ronnie Beard and choreographer Ira Weisburd.

*** For song, contact Ira at: dancewithira@comcast.net or Ronnie at: Boomshk@aol.com

PART I. (LINDY L; LINDY TO R)

1&2 Step L to L, Step-close R beside L, Step L to L
3-4 Step R back, Recover forward onto L
5&6 Step R to R, Step-close L beside R, Step R to R
7-8 Step L back, Recover forward onto R

PART II. (SIDE, CROSS, BACK, SIDE; CROSS, RECOVER, 1/4 L SHUFFLE TURN)

1-2 Step L to L, Step R across L
3-4 Step L back, Step R to R
5-6 Step L across R, Recover back onto R
7&8 Step L to L, Step-close R beside L, Step L to L making 1/4 L Turn (9:00)

PART III. (CROSS, SIDE, BACK, TOUCH; CROSS, SIDE, BACK, SIDE)

1-2 Step R across L, Step L to L
3-4 Step R back, Touch L toe to L
5-6 Step L across R, Step R to R
7-8 Step L behind R, Step R to R

PART IV. (CROSS, POINT, CROSS, POINT; CROSS, BACK, SIDE, CROSS)

1-2 Step L across R, Point R toe to R
3-4 Step R across L, Point L toe to L
5-6 Step L across R, Step R back
7-8 Step L to L, Step R across L

** REPEAT 1st 32 Counts facing (9:00) ie. PART I., PART II., PART III. & PART IV.

PART V. Facing 6:00: (BACK, RECOVER, 1/2 R SHUFFLE TURN; BACK, RECOVER, 1/4 L SHUFFLE TURN)

1-2 Step L back, Recover forward onto R
3&4 Step L forward making 1/4 R Turn (9:00), Step-close R beside L, Step L back making 1/4 R Turn (12:00)
5-6 Step R back, Recover forward onto L
7&8 Step R forward making 1/4 L Turn (9:00), Step-close R beside L, Step R to R

PART VI. (L SAILOR STEP, BEHIND, SIDE; CROSS, RECOVER, 1/4 R TURN, 1/4 R TURN)

1&2 Step L back, Step R to R, Step L to L
3-4 Step R behind L, Step L to L
5-6 Step R across L, Recover back onto L
7-8 Step R to R making 1/4 R Turn (12:00), Step L forward making 1/4 R Turn (3:00)

PART VII. (BACK, RECOVER, 1/2 L SHUFFLE TURN; BACK, RECOVER, 1/4 R SHUFFLE TURN)

1-2 Step R back, Recover forward onto L

- 3&4 Step R forward making 1/4 L Turn (12:00), Step-close L beside R, Step R back making 1/4 L Turn (9:00)
- 5-6 Step L back, Recover forward onto R
- 7&8 Step L forward making 1/4 R Turn (12:00), Step-close R beside L, Step L to L

PART VIII. (R SAILOR STEP, BEHIND, SIDE; CROSS, RECOVER, 1/4 L TURN, 1/4 L TURN)

- 1&2 Step R back, Step L to L, Step R to R
- 3-4 Step L behind R, Step R to R
- 5-6 Step L across R, Recover back onto R
- 7-8 Step L to L making 1/4 L Turn (9:00), Step R forward making 1/4 L Turn (6:00)

REPEAT DANCE. (Facing 6:00)

***NOTE: On Wall 2, REPEAT PART V., VI., VII. & VIII a 2nd time @12:00 during instrumental part, dance will end @ 12:00.**

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