

Learning to Fly

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rob Fowler (ES) & Laura Sway (UK) - March 2021
音乐: Learning to Fly - Sheppard



Intro: 32 counts (approx. 16 secs) (NO Tags or Restarts)

S1: Rock, Recover, Shuffle ½ Turn, Full Turn, L Shuffle Forward

1,2 Rock forward on R, recover on L
3&4 Make ½ turn R stepping forward on R, step L next to R (&), step forward on R
5,6 Make ½ turn R stepping back on L, make ½ turn R stepping forward on R
7&8 Step forward on L, step R next to L (&), step forward on L 6:00

S2: Rock, Recover, Ball Back, Back, L Coaster, Step R, Pivot ½ L

1,2&3 Rock forward on R, recover on L, step back on R (&), step back on L
4 Step back on R
5&6 Step back on L, step R next to L (&), step forward on L
7,8 Step forward on R, make ½ turn L (weight on L) 12:00

S3: ¼ L, Hold, Step L, Cross Shuffle, Side Rock, Recover, Behind Side Cross

1,2 Make ¼ turn L sliding R to R side, hold
&3&4 Step L next to R (&), cross R over L, step L to L side (&), cross R over L
5,6 Rock L to L side, recover on R
7&8 Step L behind R, step R to R side (&), cross L over R 9:00

S4: Side Switches, Step L, Hitch R, Step R, Point L, Sailor ¼ L, Step R, Pivot ½ L

1&2 Point R toe to R side, step R next to L (&), point L toe to L side
&3&4 Step L next to R (&), hitch R, step R next to L (&), point L toe to L side
5&6 Step L behind R making ¼ turn L, step R to R side (&), step L forward
7,8 Step forward on R, make ½ turn L (weight on L) 12:00

S5: Side Rock, Recover, Triple Full Turn R, Side Rock, Recover, Triple Full Turn L

1,2 Rock R to R side, recover on L
3&4 Bring R behind L to make a triple full turn R in place (clockwise) stepping R, L (&), R
5,6 Rock L to L side, recover on R
7&8 Bring L behind R to make a triple full turn L in place (anticlockwise) stepping L, R (&), L -
12:00

S6: Rock, Recover, R Coaster, Rock, Recover, L Coaster

1,2 Rock forward on R, recover on L
3&4 Step back on R, step L next to R (&), step forward on R
5,6 Rock forward on L, recover on R
7&8 Step back on L, step R next to L (&), step forward on L - 12:00

S7: Side Rock, Recover, Step R, Side L, Tap R, Side R, Step L, Side R, Brush Hands Down, Up, Clap

1,2 Rock R to R side, recover on L
&3,4 Step R next to L (&), step L to L side, tap R next to L (weight stays on L)
5,6,7 Step R to R side, step L next to R, step R to R side
&8& Keeping feet where they are (approx shoulder-width apart) brush both hands down by hips
(&), brush both hands up again, clap (&) 12:00

S8: Rock Back, Recover, L Chasse, Rock Back Recover, ¼ L, ¼ L

1,2 Rock back on L, recover on R

3&4 Step L to L side, step R next to L (&), step L to L side
5,6 Rock back on R, recover on L
7,8 Make $\frac{1}{4}$ turn L stepping back on R, make $\frac{1}{4}$ turn L stepping L to L side

Start Over - 6:00

ENDING: During Wall 6 (which starts facing 6:00) dance up to and including count 6 of S5, then replace the full triple turn L at counts 7&8 with a $\frac{1}{2}$ triple turn L to face 12:00.
Then on the remaining extended last note of the music, bring both arms out to your sides and up above your head and cross at the wrists. Keeping wrists crossed with palms facing outward, lower arms to chest level.
