

Pop

拍数: 64 墙数: 2 级数: Easy Intermediate
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音乐: Pop - *NSYNC



S.I. SIDE-CLOSE-CHASSE R-CROSS ROCK-CHASSE L

1 - 2 Step R to side, Close L beside R
3 & 4 Step R to side, Close L beside R, Step R to side
5 - 6 Cross rock L over R, Recover on R
7 & 8 Step L to side, Close R beside L, Step L to side

S.II. JAZZBOX-PIVOT 1/2-PIVOT 1/4

1 - 2 Cross R over L, Step L back
3 - 4 Step R to side, Step L forward
5 - 6 Step R forward, Turn 1/2 left Step L in place (6.00)
7 - 8 Step R forward, Turn 1/4 left step L in place (3.00)

S. III. KICK BALL TOUCH-HITCH-CROSS-SIDE-SWIVEL-BEHIND-RECOVER-SIDE

1 & 2 Kick R, Close R beside L, Point touch L to side
3 & 4 Hitch L, Cross L over R, Step R to side
5 & 6 Knee Both (R-L) - R-L-R with heel up
7 & 8 Cross L behind R, Recover on R, Step L to side

S. IV. FORWARD-POINT-HEELJACK-JAZZBOX TURN

1 - 2 Step R forward, Point touch L to side
3&4& Cross L over R, Step R to side, Heel L diagonal, Step L In place
5678 Cross R over L, Turn 1/4 right Step L back (6.00), Step R to side, Close L beside R

TAG 1 Here

On Wall 4 Hold 8C (12:00)

Hold and put your right hand on your left shoulder, and your left hand on your right waist...

S.V. K STEP

1 - 2 Step R forward diagonal, Touch L beside R
3 - 4 Step L back diagonal, Touch R beside L
5 - 6 Step R back diagonal, Touch L beside R
7 - 8 Step L forward diagonal, Touch R beside L

S.VI. SIDE ROCK-CROSS SHUFFLE-SIDE ROCK-BEHIND-SIDE-CROSS

1 - 2 Rock R to side, Recover on L
3 & 4 Cross R over L, Step L to side, Cross R over L
5 - 6 Side rock to L, Recover on R
7 & 8 Cross L behind R, Step R to side, Cross L over R

- Restart Here - On Wall 2 (12:00)

- Tag 2 Here - On Wall 5 (06:00)

- Rocking Chair

-1 - 2 : Rock R forward, Recover on L

-3 - 4 : Rock R back, Recover on L

S. VII. ROCK FORWARD-COASTER STEP-ROCK FORWARD-COASTER STEP-

1 - 2 Rock R forward , Recover on L
3 & 4 Step R back, Close L beside R, Step R forward
5 - 6 Rock L forward , Recover on R

7 & 8 Step L back, Close R beside L, Step L forward

S. VIII. SIDE ROCK-CROSS SHUFFLE-HEEL JACK-TOUCH

1 - 2 Rock R to side, Recover on L

3 & 4 Cross R over L, Step L to side, Cross R over L

&5&6 Step L to side, Heel R forward to R diagonal, In place R, Cross L over R

&7&8 Step R to side, Heel L forward to L diagonal, In place L, Touch R beside L

Enjoy Your Dance

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