

# Puro Dolor

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Marja Urgert (NL) - March 2021  
音乐: A Puro Dolor (feat. Juan Martinez) (Radio Version) - Juan Alcaraz



## Intro: 32 Counts - No Tag or Restart

### Sec 1: Cross, Side, Behind, Point, Cross, 1/4 Turn L, L Chasse

1-2-3-4      RF. Cross over LF - LF. Step to L side - RF. Cross behind LF - LF. Point toe to L side  
5-6      LF. Cross over RF - RF. 1/4 Turn L step back (9:00)  
7&8      LF. Step to L side - RF. Close beside LF - LF. Step to L side

### Sec 2: R Cross Rock, Recover, Side, L Cross Rock, Recover, Side, Hold, & Together, Side

1-2-3      RF. Cross rock over LF - LF. Recover - RF. Step to R side  
4-5-6      LF. Cross rock over RF - RF. Recover - LF. Step to L side  
7      Hold  
&8      RF. Step together - LF. Step to L side

### Sec 3: Back Rock, Recover, Kick-Ball-Step, Step Fwd, Pivot 1/2 L, Shuffle 1/2 Turn L

1-2      RF. Back rock - LF. Recover  
3&4      RF. Kick forward - RF. Step together - LF. Step forward  
5-6      RF. Step forward - Pivot 1/2 turn L (3:00)  
7&8      Shuffle 1/2 turn L stepping R.L.R (9:00)

### Sec 4: Walk L,R Back, & Out Out, Hold, & Together, Jazz Box

1-2      LF. Step back - RF. Step back  
&3-4      LF. Step diagonal L back (out) - RF. Step to R side (out) - Hold  
&      LF. Step together  
5-6-7-8      RF. Cross over LF - LF. Step back - RF. Step to R side - LF. Step forward

## Start Again

Contact: [marja42@kpnmail.nl](mailto:marja42@kpnmail.nl)

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