

Be a Light

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Kristin Pedersen (USA) - February 2021
音乐: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) -
Thomas Rhett



Introduction: 16 counts

VINE RIGHT, TURNING VINE LEFT

1-2 Step R, L behind R
3-4 Step R, touch L
5-6 Step L, R behind L
7-8 Step L ¼ turn left, touch R (beginning)
7-8 *Step L 1 ¼ turn left (improver/intermediate)

RESTART HERE the 3rd time though you will be facing 3:00

TRIPLE-STEP RIGHT, STEP-TURN RIGHT, COASTER, TRIPLE-STEP

1&2 R triple-step forward (R-L-R)
3-4 Step forward L, pivot-turn ¼ R
5&6 Step back L, step back R to meet L, step forward L
7&8 R triple-step forward (R-L-R)

LINDY LEFT, LINDY RIGHT WITH ¼ TURN LEFT

1&2 Triple-step L (L-R-L)
3-4 Rock back R behind L, recover L
5&6 Triple-step R (R-L-R)
7-8 Rock back L behind R while turning ¼ L

TRIPLE-STEP FORWARD, ROCK-RECOVER, TRIPLE-STEP BACK, COASTER

1&2 Triple-step forward Left (L-R-L)
3-4 Rock forward R, recover L
5&6 Triple-step back right (R-L-R)
7&8 Step back L, step back R to meet L, step forward L

RESTART: Beginning the dance for the 3rd time at 3:00 wall, do group 1. Upon turning to 3:00 wall, restart the dance. You are essentially doing the first set twice.

PAUSE: There is a slight 2-count pause on wall 8 also the 3:00 wall. After you finish the dance you will be facing 3:00 just pause for the 2 counts and start the dance.

Submitted by - Jean Henke: 3roses@ix.netcom.com