Afterglow

拍数: 32

级数: Easy Intermediate

编舞者: Benjamin Harris (AUS) - February 2021

音乐: Afterglow - Ed Sheeran

Intro: Approximately 3 counts (start when the beat kicks in)

Forward Rock Recover Shuffle Back, Back Rock Recover 1/2 Turn Back Sweep

- Rock forward R, Recover back L, Shuffle back R-L-R 123&4
- 56 Rock back L, Recover forward R
- 78 1/2 turn R stepping L back, Sweep R front to back (6:00)

Behind Side Cross Shuffle, Side Touch Kick Ball Cross

- Step R behind L, Step L to L side, Cross shuffle R over L stepping R-L-R 123&4
- 56 Step L to L side, Touch R beside L
- 7&8 Kick R (slightly diagonal), Step R together, Step L across slightly in front of R (6:00)

Dorothy Step x2, Forward Rock Recover Touch Unwind 1/2 Turn

- 1 2& Step forward R (slightly diagonal), Lock L behind R, Step R together
- 34& Step forward L (slightly diagonal), Lock R behind L, Step L together
- 56 Rock forward R, Recover back L
- 78 Touch R back, Unwind ¹/₂ turn R taking weight onto R (12:00)

Forward Rock Recover ¼ Forward Sweep, Jazz Box

- 12 Rock forward L, Recover back R
- 34 1/4 turn L stepping forward L, Sweep R back to front
- 56 Step R across in front of L, Step L back
- 78 Step R to R side, Step L together (slightly forward) (9:00)

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Enjoy :-)





墙数:4