

# B O P

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Lucy Aprilina Lo (INA) - February 2021  
音乐: Bop - Dan Seals



## S 1: TOUCH HEEL- TOE- CHASSE (R - L)

1-2            Dig R heel forward- touch R toe backward  
3&4            step R to side- step L together- step R to side  
5-6            Dig L heel forward- touch L toe backward  
7&8            Step L to side- step R together- step L to side

## S 2: CROSS RECOVER CHASSE

1-2            Cross R over L- turn ¼ R ,step L back  
3&4            step R to side- step L together- step R to side  
5-6            Cross L over R- turn ¼ L, step R back  
7&8            step L to side- step R together- step L to side

## S 3: SHUFFLE FORWARD R & L- KICK BALL CHANGE

1&2            Step R forward- step L beside R- Step R Forward  
3&4            Step L forward- step R beside L- step L forward  
5&6            Kick R forward- step R on ball(&)- Step L in place  
7&8            Kick R forward- step R on ball(&)- Step L in place

## S 4: ROCK- RECOVER-1/4 TURN R- CHASSE - KICK FORWARD & SIDE- COASTER STEP

1-2            Step R forward- Recover on L- turn ¼ R,  
3&4            Step R to side- step L together- step R to side  
5-6            Kick Lf diagonal forward to Right- kick Lf diagonal forward to Left  
7&8            Step L back- step R together- step L forward

\*\*\*3 times restart:

Restart On wall 4 after 28 c with change step Facing 12.00

\*On S4- 1-4 : Step R forward- recover on L- turn ¼ R ,step R to side - step L together

\*On wall 5: after 16 c ( instrumental music) facing 12.00

\*On wall 12: after 24 c, facing 6.00

Lets dance together!! Have fun!!

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