Mama Sez



编舞者: Pat Newell (USA) - February 2021 音乐: Mama Knew Best - The Borderers



#32 in - Driveway Dancin' 2021

TWO RIGHT LEAD CHARLESTONS

1-4 Step fwd on R, kick L, step back on L, touch R5-8 Step fwd on R, kick L, step back on L, touch R

SLOW CHEVY STEPS (ALSO KNOWN AS V STEP)

1-4 Step fwd and out on ball of R foot, drop heel, repeat on L5-6 Step back and in on ball of R foot, drop heel, repeat on L

TRIPLE RIGHT, ROCK RECOVER, TRIPLE LEFT ROCK RECOVER TO 1/4 R 3:00

1&2, 3-4 Triple R, rock recover on R

5&6, 7-8 Triple L, rock recover to 1/4 wall R 3:00 wt on L

1/4 MONTEREY TURN RIGHT, 4 COUNT RIGHT LEAD ROCKING CHAIR 6:00

Point R to R, turn 1/4 R, step down, point L to L, step on L Rock fwd on R, step on L, rock back on R, step on L

NO TAGS, NO RESTARTS