The Wellerman



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Tanzschule Olaf S (DE) - February 2021 音乐: Wellerman (Sea Shanty) - Nathan Evans



No Tags/ No Restart

Intro: 4 counts, start immediately

PART A:

ROCK FORWARD, TRIPLE, CLOCKWISE TURN, TRIPLE

1-2 Rock R forward, step on L

Step R to R side, L next to R, step R to R side
cross L over R turn ½ step back on R turn ½
step L to L side, right next to L, step L to L side

BOX, SCUFF, BRUSH, SCUFF, BALL CHANGE, HOP

1 - 4 cross R over L, step L backwards, step R to R, tap L behind R food

5&6 Scuff with L, brush with L corss over R, scuff with L

&7 Ball Change started with L

8 Jump on L foot, cross R behind L with no weight

PART B:

TOE, HEEL, PAS DE BOURREE TURN x2

1-2 R toe next to L, swivel with L and place R heel next to L

R foot cross behind L natural turn ½, step L small to side, step R small forward

5 - 6 L toe next to R, swivel with R and place L heel next to R

7&8 L foot cross behind R reverse turn ½, step R small to side, step L small forward

ROCK FORWARD, THREE STEP TURN, GRAPEVINE, HEEL POINT WITH 1/4 NATURAL TURN

1-2 Rock R forward, step on L

3&4 1 full Natural turn with 3 steps begin with R foot

5&6& Step L to L, cross R behind L, step L to L, cross R infront of L

7 - 8 Point L heel forward, Step L next to R turn 1/4 to right

ORDER OF PARTS: A - B - A - B - B Repeat 3 times

All kind of feedback is welcome. Write to: Info@olaf-s.de