

# Lonely

拍数: 16      墙数: 4      级数:  
编舞者: Daan Geelen (NL) - February 2021  
音乐: Lonely - Noah Cyrus



Start the dance on vocals

Restart: wall 4 after rock back

## SECTION 1 - Sway L Point, Sway R Point, Recover, Cross, Side, Behind with Sweep Front to Back, Step Behind, Step Diagonal Fwd, Run Fwd L R L, Sweep;

1 2            Sway Left Point R to Rightside, Sway Right Point L to Leftside  
3&a           Recover to Left, Cross R over L, Step L to Leftside  
4            Step R Behind L and Sweep L Front to Back  
5 6           Step L Behind R, Step R Diagonal Right Fwd  
7&8          Step L Fwd, Step R Fwd, Step L Fwd, Sweep R Back to Front

### Option 7&8:

Triple Full Turn Left Fwd (L R L)

## SECTION 2 - Step R Diagonal Fwd and Sway, Sway ¼ Turn Left, Cross, Back, Rock Back, Recover, Walk R L, ¼ Turn Right, Cross, Side;

1 2            Step R Diagonal Fwd and Sway Fwd, Recover ¼ Turn Left with Sway (facing 10.30)  
3&            Cross R over L, Step L 1/8 Turn Right Back  
a4            Rock R Back \* (restart wall 4), Recover to L  
5 6            Step R Fwd, Step L Fwd  
7&8          ¼ Turn Right Step R to Rightside, Cross L over R, Step R to Rightside

### Option 7&8:

Triple 1 ¼ Turn to Rightside

At the end of the music recover to 12 o'clock

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