

# Freeze Out

拍数: 64                      墙数: 2                      级数: Phrased Intermediate  
编舞者: OliSien (BEL) - January 2021  
音乐: Tenth Avenue Freeze-Out - Bruce Springsteen



## Sequence A-B-A-B-A-A-B-B-TAG-B-TAG

### Part A (48 counts) Start on lyrics

#### S1. Rock step & Rock step, Turning Shuffle, Full 0 Turn

1-2                      Rock RF fwd, recover on LF,  
&3-4                    Step RF in place (&) rock LF fwd, recover on RF (12:00)  
5&6                    ½ Turn left, LF fwd, Close, L fwd,  
7-8                    ½ turn step back, ½ turn step fwd Left

#### S2. Side, Hold & Side, Touch, Hip L & R, Shuffle ¼ Left

1-2                    Step RF to the R, Hold,  
&3-4                    Close LF beside RF (&) Step RF to the R, Touch LF side  
5-6                    Hip L, hip R,  
7&8                    ¼ turn Left, LF fwd RF beside LF fwd

#### S3. Cross rock, ¼ turn R chassé, cross ¼ turn L, step back, lockstep back

1-2                    Cross RF over LF, recover on LF  
3&4                    ¼ turn R step RF to the right making, LF next to RF, step RF to the right  
5-6                    Cross LF over RF making ¼ turn L, step RF back  
7&8                    Step LF back, RF lock before LF, step LF back

#### S4. Rock step back, ½ turn L with strut (x2), side rock cross

1-2                    RF rock back, recover on LF  
3-4                    ½ Turn L with RF toe strut  
5-6                    ½ turn L with LF toe strut  
7&8                    Rock RF to R side, recover on LF, rock RF cross in front

#### S5. Vine L hitch + clap, vine R hitch + clap

1-2-3-4                Step LF to L, RF behind LF, step LF to side, hitch R with clap  
5-6-7-8                Step RF to R, LF behind RF, step RF to side, hitch L with clap

#### S6. Sailor step, step down, touch & jazz box ¼ turn R, touch

1&2                    Step LF behind RF, step RF to R side, step LF to LF side  
3-4&                    Step RF down, touch LF beside & step LF down  
5-6-7-8                Cross RF over L, step LF back, step RF beside making ¼ turn R, touch LF

### Part B (16 counts)

#### S1 Cross step, hold (x2), pivot, kick ball cross

1-2-3-4                Cross LF over R, hold, cross RF over L, hold  
5-6                    Step LF forward, pivot ½ turn over R  
7&8                    LF kick forward, LF step side on ball of foot, RF cross over LF

#### S2 Cross step, hold (x2), pivot, kick ball cross

1-2-3-4                Cross LF over R, hold, cross RF over L, hold  
5-6                    Step LF forward, pivot ½ turn over R  
7&8&                    LF kick forward, LF step side on ball of foot, RF cross over LF & step on LF

### Tag (16 counts)

**Vine L, hitch + clap, Vine R, hitch + clap**

1-2-3-4 Step LF to L, RF behind LF, step LF to side, hitch R with clap

5-6-7-8 Step RF to R, LF behind RF, step RF to side, hitch L with clap

**Jazz box (x 2)**

1-2-3-4 Cross LF over R, step RF back, step LF to R, touch RF to R

5-6-7-8 Cross RF over L, step LF back, step RF to R, touch LF to R

**Submitted by - Rosine De Lange: [rosined@yahoo.com](mailto:rosined@yahoo.com)**

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