

Don't Believe

拍数: 32 墙数: 4 级数: Beginner
编舞者: Claudia Arndt (DE) - February 2021
音乐: Don't Believe - Mehrzad Marashi



Start: Dance begins with singing

Section 1 - Step Side together (r), Shuffle fwd. (r), Step Side together (l), Step back (l, r)

1-2 RF step to the right, LF to add to RF,
3&4 RF step fwd. add LF to RF, RF Step fwd.
5-6 LF step to the left, RF to add to LF,
7-8 LF step back, RF step back,

Section 2 - Step back (l), Toe Touch (r), Step Touch fwd. (l), Step back (l), Toe Touch, (r), Step Touch fwd. (l),

1-2 LF step back, RF bale tap on,
3-4 RF deduct, LF step forward, and tap with the verses,
5-6 LF step back, RF bale tap on,
7-8 RF deduct, LF step forward, and tap with the verses,

Section 3 - Step Side (l, r, l), Chasse ¼ Turn,

1-2 LF step to the left, add RF to LF,
3-4 RF step to the right, LF to add to RF,
5-6 LF step to the left, RF to add LF,
7&8 LF step to the left, turn RF next to the LF, taking a ¼ turn to the left, LF step forward,

Section 4 - Step Turn ½ , Shuffle fwd. Full Turn, Shuffle fwd.

1-2 RF step forward, with a 1/2 rotation to the left, weight on LF,
3&4 RF Step Forward, add LF to RF, RF Step Forward,
5-6 LF step forward with full turn to the right, weight on RF,
7&8 LF Step forward, add RF to LF, LF step forward,

Bridge /Day : End of 9 wall at 3 o'clock

Step Side ,(r) Step Side , (l)

1-2 RF to the right, add LF to the RF,
3-4 LF to the left, add RF to the LF,

Have fun dancing, and always smiling nicely.

E-Mail: claudia.arndt@web.de

Last Update - 7 May 2021