

Digge Deg

拍数: 32 墙数: 4 级数: Novice
编舞者: Trude Dalene (NOR) - January 2021
音乐: Bare Så Du Vett Det - Stavangerkameratene



ROCK RECOVER, SHUFFLE FWD, SWEEP L, SWEEP R

1-2 Step R to right, Turn 1/4 to left and recover onto L
3&4 Step R fwd, Step L next to R, Step R fwd
5-6 Sweep L from back and turn 1/4 to right, Step L fwd
7-8 Sweep R from back in front of L, Step down R

ROCK RECOVER, CROSS SHUFFLE, 1/2 TURN L, CROSS SHUFFLE

1-2 Step L fwd, Turn 1/4 to right and recover onto R
3&4 Cross L over R, Step R to right side, Cross L over R
5-6 Step R back 1/4 to left, Step L 1/4 to left side
7&8 Cross R over L, Step L to left side, Cross R over L

STEP, TOUCH, & STEP & TOUCH, TURN 3/4 R, HOOK

1-2 Step L diagonally fwd to left, Touch R next to L
3-4 Step back on R, Touch L toe fwd
(Step 1-4, bend upper body fwd and back while shimmy your shoulders)
&5-&6 Step L next or R, Touch R beside, Step Back on R, Touch L toe fwd
7-8 Step L down and take weight, On ball of L turn 3/4 to right and hook R in front of L

LOCK STEP FWD DIAGONALLY, JAZZ BOX 1/8 L, TAP

1-2 Step R diagonally fwd, Lock L behind R (4:30)
3&4 Step R fwd, Lock L behind R, Step R fwd
5-6 Cross L over R, Step R back
7-8 Step L 1/8 to left side, Tap R beside L (3:00)

Dance again, Have fun!

TAG: Wall 11, facing 9.00 O'clock.
(in the end of the song, around 2.55 min.)

Repeat Steps 5-8 in section 4
Instead of Tap R, Step down R and do Jazzbox one more time.

Last Update - 3 March 2021