

La Flaca - Cha

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Low Intermediate
编舞者: Sofyan Anas (INA) & Rissa Miura (INA) - February 2021
音乐: La Flaca (feat. Juanes) - Santana



Intro dance : 24 counts - No tag No restart

I. SIDE - CROSS BACK ROCK - CHASSE ¼ - ¼ TURN R - ¼ TURN L - LOCK SHUFFLE

1,2,3 Step R to side, Cross L behind R, recover on R
4&5 Step L to side, step R next to L, ¼ turn right step L back.
6-7 ¼ turn right step R to side (weight on R touch L) (6:00), ¼ turn left step L forward (3:00).
8&1 Step R forward, step L behind R, step R forward

II. ROCKING CHAIR - BACK - TOUCH - SIDE - ¼ TURN L- TOUCH - SWAY (R-L)

2-3,4& Step L forward, recover on R, Step L back, touch R next to L
5 & - 6 Step R to side ¼ turn left, touch L next to R, step L to side (12:00).
7 - 8 Sway hip to right, sway hip to left

III. FORWARD - PIVOT ½ - FORWARD - FULL TURN - WALK R-L - CHA-CHA IN PLACE L-R, LONG STEP L

1,2,3 Step R forward, step L forward, 1/2 turn right R in place (6:00)
4-5-6 Step L forward, ½ turn left step L back, step L forward
7,8 & Step R forward, Step L next to R, step R in place.

IV. CHA-CHA IN PLACE R-L - LONG STEP R - CROSS ROCK - SIDE TOUCH - SAILOR ¼ TURN L - SHUFFLE FORWARD

1,2&3 Step L to long side, Step R next to L, step L in place, Step R to long side
4&5 Cross L over R, recover on R, Touch L to side.
6&7 Step L behind R, ¼ turn left step R to side, step L forward (9:00)
8&1 Step R forward, step L beside R, step R forward

V. FORWARD ROCK - BACK WITH SWEEP - BEHIND - SIDE - CROSS ROCK - SIDE ROCK - BEHIND - SIDE - CROSS - SIDE

2 & 3 Step L forward, recover on R, step L back with sweep R to back
4&5&6& Step R behind L, step L to side, cross R over L, recover on L, step R touch to side, recover on L
7&8& Step R behind L, step L to side, cross R over L, step L to side

VI. BACK ROCK - FORWARD - PIVOT ½ TURN R FORWARD - WALK R-L - CHA-CHA IN PLACE L

1,2,3 Step R back, recover on L, step R forward
4 & 5 Step L forward, 1/2 turn right step R in place, step L forward (3:00)
6,7,8& step R forward, drag L to left side, step R next to L, step L in place

Enjoy the Dance !!

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