

# Gets Better

拍数: 64      墙数: 2      级数: Easy Intermediate  
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音乐: Better - Now United



Intro: 16 count

## S1. FORWARD SHUFFLE, MAMBO TURN 1/2 RIGHT, SHUFFLE TURN 1/2 RIGHT

1&2      Step R forward - Step L together - Step R forward (12:00)  
3&4      Step L forward - Step R together - Step L forward  
5&6      Rock R forward - Recover on L - Turn 1/2 right step R forward (6:00)  
7&8      Turn 1/4 left step L to side - Step R together - Turn 1/4 right step L back (12:00)

## S2. ANCHOR STEP WITH HITCH, ANCHOR STEP, COASTER STEP, FORWARD SHUFFLE

1&2      Rock R back - Recover on L - Step R in place and hitch L knee up  
3&4      Rock L back - Recover on R - Step L in place (12:00)  
5&6      Step R back - Step L together - Step R forward  
7&8      Step L forward - Step R together - Step L forward (12:00)

## S3. SIDE MAMBO R & L, SYNCOPATED CROSS SHUFFLE

1&2      Rock R to side - Recover on L - Step R together (12:00)  
3&4      Rock L to side - Recover on R - Step L together  
5&6&      Cross R over L - Step L to side - Cross R over L - Step L to side (12:00)  
7&8      Cross R over L - Step L to side - Cross R over L (12:00)

## S4. SIDE MAMBO L & R, SYNCOPATED CROSS SHUFFLE

1&2      Rock L to side - Recover on R - Step L together (12:00)  
3&4      Rock R to side - Recover on L - Step R together  
5&6&      Cross L over R - Step R to side - Cross L over R - Step R to side  
7&8      Cross L over R - Step R to side - Cross L over R (12:00)

## S5. SIDE CHASSE, TOUCH, SYNCOPATED DIAGONAL BACK, TOUCH, SIDE

1&2&      Step R to side - Step L together - Step R to side - Touch L together (12:00)  
3&4&      Step L to side - Step R together - Step L to side - Touch R together  
5&6&      Step R diagonal back - Touch L together - Step L diagonal back - Touch R together  
7&8      Step R diagonal back - Touch L together - Step L to side (12:00)

## S6. FUNKY WALK FORWARD R-L-R-L, FORWARD MAMBO WITH DRAG, CHUG TURN 1/8 LEFT (2X)

1-4      Step R forward - Step L forward - Step R forward - Step L forward (12:00)  
5&6      Rock R forward - Recover on L - Long step R back and drag L toward R  
7-8      Turn 1/8 left chug L to side - Turn 1/8 left chug L to side (9:00)

Note : When doing the walk forward R, L, R, L, do with the funky way

## S7. SAILOR STEPS, ANCHOR STEP, COASTER STEP

1&2      Cross L behind R - Step R to side - Step L to side (9:00)  
3&4      Cross R behind L - Step L to side - Step R to side  
5&6      Rock L back - Recover on R - Step L in place  
7&8      Step R back - Step L together - Step R forward (9:00)

## S8. RUN MAKE A CURVE 1/4 TURN RIGHT, TURN 1/2 RIGHT STEP FORWARD, FORWARD, SYNCOPATED JAZZ BOX, SYNCOPATED JAZZ BOX, TOGETHER

1&2      Turn 1/8 right step L forward - Turn 1/8 right step R forward - Step L forward (12:00)  
3-4      Turn 1/2 right step R forward - Step L forward (6:00)

5&6            Cross R over L - Step L back - Step R to side  
7&8            Cross L over R - Step R back - Step L together (6:00)

**REPEAT**

**BRIDGE (4 Count) : On wall 5 after 32 count**

1-4            Step R to side push R hand with finger fist up in the air - Hold - Pull down hand to your chest  
(Weight on L) - Hold

**For more info about step sheet & song, please contact:**

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