

Hey Tennessee

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Oliver Neundorf (DE) - February 2021
音乐: Hey Hey Hey - Andy Nickel : (Album: Single)



Note: The dance begins after 16 beats with the use of the chant

S1: Rock back, stomp, clap, ¼ Monterey turn r

- 1-2 Jump backwards, kick forward with right / left foot - jump back onto the left foot
- 3-4 Stamp right foot next to left (without changing weight) - clap
- 5-6 Tap right toe on the right - ¼ turn to the right and place right foot on left (3 o'clock)
- 7-8 Tap left toe on the left - place left foot on right

(Restart: In the 6th round - towards 6 o'clock - stop here and start over)

S2: Rock back, stomp, clap, ¼ Monterey turn r

- 1-8 As step sequence S1 (6 o'clock)

S3: Scissor step r + l, chassé r, rock behind-touch

- 1 & 2 Step to the right with right - put left foot next to right and cross right foot over left
- 3 & 4 Step left with left - put right foot next to left and cross left foot over right
- 5 & 6 Step right with right - place left foot next to right and step right with right
- 7 & 8 Cross left foot behind right - tap weight back on right foot and left foot next to right

S4: Side, behind, side, cross, chassé l, sailor step turning ¼ r

- 1-2 Step left with left - cross right foot behind left
- 3-4 Step left with left - cross right foot over left
- 5 & 6 Step left with left - put right foot next to left and step left with left
- 7 & 8 Cross right foot behind left - ¼ turn to the right, place left foot on right and step forward with right (9 o'clock)

S5: Scoot forward 2x, step, hold, Mambo forward, coaster step

- 1-2 Raise left knee / slide forward twice on the ball of the right foot
- 3-4 Step forward with left - hold
- 5 & 6 Step forward with right - weight back on left foot and step back with right
- 7 & 8 Step backwards with left - put right foot next to left and small step forward with left

S6: Step, ¼ turn l / drag, step, ¼ turn l / kick, jazz box with stomp ('Nickel step')

- 1-2 step forward with right - ¼ turn to the left and pull left foot to right / clap (6 o'clock)
- 3-4 Step forward with left - ¼ turn to the left and right foot to the front at an angle to the right kick / clap (3 o'clock)
- 5-6 Cross right foot over left - step back with left
- 7-8 Step to the right with right - stamp left foot next to right

Repeat until the end

Oliver Neundorf Address: Germany