

# Sea Shanty Shenanigans

COPPER KNOB  
BY STEPHEN HETS

拍数: 48      墙数: 2      级数: Phrased Advanced  
编舞者: CountryVive (UK) - February 2021  
音乐: Wellerman (Sea Shanty) - Nathan Evans : (Album: Single Version)



Count-in: 4 Count Intro

Note: A is 32 Counts - B is 16 Counts

The sequence of the dance is AAB, AAB, AAB

## Part A:

### [1-8] Syncopated Dorothy Steps, Rocking Chair, Heel Jack

1&2      Step RF to R diagonal, close LF behind RF, Step RF in place  
&3&      Step LF to L diagonal, close RF behind LF, Step LF in place  
4      Stomp RF to R diagonal (face 1.30)  
5&      Facing 1.30, rock LF across RF, recover weight to RF  
6&      Facing 1.30, rock LF back, recover weight to RF  
7&8      Squaring up to 12.00, cross LF over RF, step RF a small step to the R side, touch L heel to L diagonal

### [9-16] & Cross, Knee Pop, ¼ Triple, ¼ Side Rock, Recover, Full Turn, Side and Hitch

&1      Close LF to RF, Cross RF over LF (as you cross, bring both hands in to stomach)  
&2      Raise heels (click both hands out to side) , drop heels (bring both hands back to stomach)  
3&4      Make ¼ turn to L (face 9.00) as you fwd triple, stepping L, R, L  
5,6      Make ¼ turn to L (face 6.00) as you rock RF to R side. Recover weight to L foot, taking L shoulder fwd to prep for a turn  
&      Make a full turn clockwise (over R shoulder), closing RF to LF  
7      Step LF to L side  
8      Close RF to LF as you hitch your L knee, slapping L thigh with R hand

### [17-24] Hitch Triples travelling back, Roger Rabbits, Ball Step, Stomp, Stomp

1&2      Let the L knee rotate to L as you step back on LF, step RF in place, step LF in place and hitch R knee  
&3&4      Let the R knee rotate to R as you step back on RF, step LF in place, step RF in place  
&5      Kick LF back, step back onto LF as you hitch R knee slightly  
&6      Kick RF back, step back onto RF as you hitch L knee slightly  
&7      Step back onto the ball of LF, step RF forward  
&8      Stomp LF to L diagonal, Stomp RF to R side

\*Optional arms for counts 1-7 - 'sailor' arms (arms bent at elbows, at chest height, with R arms placed over L arm)

### [25-32] Close, Leg Flicks with ½ Turn R, Ball, ½ Pivot Turn, 1/2 Turn, ¼ Slide to R, ¼ Turn with Hitch

1&      Close LF to RF as you flick RF up to R side (keep knees together) (1), press weight fwd onto ball of RF (&) (6.00)  
2&      Recover weight to L and make ¼ turn to R as you flick RF across L knee (2), press weight fwd onto ball of RF (&) (9.00)  
3&      Recover weight to L and make ¼ turn to R as you flick RF up to R side (keep knees together) (1), press weight fwd onto ball of RF (&)  
4      Take weight back to LF (12.00)  
&5      Rock weight back onto ball of RF, step fwd on LF  
6      ½ pivot turn to R taking weight to RF (6.00)  
&7      Make ½ turn R stepping back on LF, make ¼ turn R sliding RF a large step to R side (9.00)  
8      Make a ¼ turn to R, close LF to RF and hitch R knee (6.00)

## Part B

### [1-8] Step Fwd, Flick, Step Back, Flick, Step Hitch Side, Slap/Clap Section

- 1& Step RF fwd, flick LF up behind R knee (slap foot with R hand)
  - 2& Step LF back, flick RF up under L knee (slap R ankle with L hand)
  - 3&4 Step RF to R diagonal, hitch L knee, step LF to L side
- (Arms: Cross R arm over L arm 'sailor' style (3), hit backs of palms together (&), Slap both hands on thighs (4))**
- 5& Hit L thigh with L hand (5), hit back of L hand with R hand (&)
  - 6& Hit L thigh with L hand (6), hit R thigh with R hand
  - a7 Hit back of R hand with L hand (a), Hit R thigh with R hand (7)
  - &a8 Hit L thigh with L hand (e) clap both hands together at chest height (&) Slap both thighs with both hands (8) (12.00)

### [9-16] & Heel Grind, Sweeps Back, Rock Recover, Skip Turn

- & Step LF a small step towards centre
  - 1,2 Heel grind R heel (1), take weight to LF
  - 3 Step back on RF sweeping LF from front to back
  - 4 Step back on LF sweeping RF from front to back
- (Optional arms on sweeps: swing arms from side to side)**
- 5,6 Rock RF back, recover weight to LF
  - &7 Hitch R knee with a slight hop (&), make ½ turn L stepping back on RF
  - &8 Hitch L knee with a slight hop (&), make ½ turn L stepping LF fwd (12.00)
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