

People We Are

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Michelle Wright (USA) - February 2021
音乐: People We Are - Houston Bernard



Section 1: R chasse, ¼ coaster w/ heel, R&L heel switches, heel jack

1&2 Step R to R side, step L next to R, step R to R side
3&4 ¼ turn L stepping L back, step next to L, put L heel forward on diagonal
&5&6 Step L next to R, Put R heel forward on Diagonal, Step R next to L, Put L heel forward on the diagonal
&7&8& Step L next to R, cross R over L, step L to L side slightly back on diagonal, put R heel forward on diagonal, step R next to L

Section 2: L Heel grind ,L coaster Step, R ¼ heel grind, R coaster Step

1,2 Rock fwd L heel twisting L toe from R to L, recover back R
3&4 Step back L, step R next to L, step fwd L
5,6 Rock fwd R heel twisting L toe from L to R making ¼ turn R, recover back L
7&8 Step back R, step L next to R, step fwd R

Section 3: L & R sugar foot, L Forward Rock recover, L back step, R heel hook step forward

1&2 Touch L toe next to R, turn L toe out & touch L heel next to R, step L forward
3&4 Touch R toe next to L, turn R toe out & touch R heel next to L, step R forward

Restart here on wall 7 & changing step forward to a stomp up

5,6 Step L forward, recover weight on R
&7&8 Step L back, touch R heel forward on diagonal, Lift R heel and cross in front of L shin, step forward R

Section 4: L rock, recover, ¼ shuffle, jazz box w/ cross

1,2 Step L forward, Recover weight on R
3&4 make ⅛ turn stepping L to L side, make an ⅛ turn stepping R next to L, step L to L side
5,6,7,8 Cross R over L, Step L back, Step R to R side, Cross L over R

End of dance!

Any questions please email Michellelinedance@gmail.com

Last Update - 22 Feb. 2021