

Mambo

拍数: 64 墙数: 2 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - February 2021
音乐: Mambo - Nikki Vianna : (iTunes/ Spotify)



(Dance starts on main lyrics "Take my hand")

[S1] Back Rock, Touch-Knee Switch, Paddle 1/8L, Quick Paddle 1/8L-Together

1 2 Rock back on R, Recover weight on L
3&4 Touch R next to L, Weight switch onto R/ L knee in, Weight switch onto L/ R knee in
5 6 Step forward on R, Make a 1/8 turn left recover weight on L
7&8 Step forward on R, Make a 1/8 turn left recover weight on L, Step R together (9:00)

[S2] Back Rock, Touch-Knee Switch, Step-Pivot 1/2R, Step-Lock-Step

1 2 Rock back on L, Recover weight on R
3&4 Touch L next to R, Weight switch onto L/ R knee in, Weight switch onto R/ L knee in
5 6 Step forward on L, Make a 1/2 turn right recover weight on R (3:00)
7&8 Step forward on L, Lock R behind L, Step forward on L

[S3] Samba Turn 1/4R, Cross Rock, Side, Cha-Cha Cross Step

1&2 Step forward on R, Make a 1/4 turn right stepping L to the side, Recover weight on R in place (6:00)
3 4 Rock L across L, Recover weight on R
5 6& Step L to the side, Cross R over L, Step L close to R
7&8 Cross R over L, Step L close to R, Cross R over L

[S4] Side Rock Turn 1/4R, Step-Lock-Step, Full Turn Fwd, Walk-Walk

1 2 Step/rock L to the side, Recover weight on R whilst making a 1/4 turn right (9:00)
3&4 Step forward on L, Lock R behind L, Step forward on L
5 6 Make a 1/2 turn left stepping back on R, Make a 1/2 turn left stepping forward on L (9:00)
7 8 Walk forward on R-L

[S5] Fwd Rock-Back-Rock-Rock, Side Rock-Back-Rock-Rock

1 2 Rock forward on R, Recover weight on L
3&4 Step back on R/lifting L heel up while touching toe on the floor, Step L heel down on the floor/lifting R heel up, Step R heel down on the floor/lifting L heel up
5 6 Rock L to the side, Recover weight on R
7&8 Step back on L/lifting R heel up while touching toe on the floor, Step R heel down on the floor/lifting L heel up, Step L heel down on the floor/lifting R heel up

[S6] Side Rock-Back-Rock-Rock, Reverse Lock Turn 3/4R

1 2 Rock R to the side, Recover weight on L
3&4 Step back on R/lifting L heel up while touching toe on the floor, Step L heel down on the floor/lifting R heel up, Step R heel down on the floor/lifting L heel up
5&6& - On count 5 to 8, making a 3/4 reverse turn right on the spot- Step back on L, Lock R across L, Step back on L, Lock R across L
7&8 Step back on L, Lock R across L, Step back on L (6:00)

[S7] Skate-Skate, Diagonal R Shuffle Fwd, Cross Rock, Side Chasse

1 2 Skate R to the right diagonal, Skate L to the left diagonal
3&4 Shuffle forward to the right diagonal on R-L-R
5 6 Rock L across R, Recover weight on R
7&8 Step L to the side, Step R close to L, Step L to the side

[S8] 2x Ball-Side-Hold, Ball-Side Rock-Cross Shuffle, Flick

&1 2 Ball step R next to L, Step L to the side, Hold
&3 4 Ball step R next to L, Step L to the side, Hold
&5& Ball step R next to L, Step Rock L to the side, Recover weight on R
6&7 Cross L over R, Step R close L, Cross L over R
8 Flick R to the right side (6:00)

The dance finishes at 12:00. No tags or restarts.

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 17/Feb/21)**
