

First Comes the Night

拍数: 32 墙数: 4 级数: Improver
编舞者: Sandra Speck (UK) - February 2021
音乐: First Comes the Night - Los Quarantinos



#16 count intro, approx. 9 seconds

S1. SKATE X 2, SHUFFLE FORWARD, SHUFFLE ½, ROCK BACK, RECOVER

1 - 2 Skate forward on right, skate forward on left
3 & 4 Step forward on right, close left next to right, step forward on right
5 & 6 Make ½ turn right shuffling left, right, left (6 o'clock)
7 - 8 Rock back on right, recover on to left

S2. FULL TURN, ROCK FORWARD RECOVER, BACK, HOOK, SHUFFLE FORWARD

1 - 2 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left

Easy option for counts 1 - 2 walk forward right, left

3 - 4 Rock forward on right, recover on to left
5 - 6 Step back on right, hook left foot over right (weight on right)
7 & 8 Step forward on left, close right next to left, step forward on left (6 o'clock)

S3. STEP PIVOT ¼, CROSS SHUFFLE, 2 X ¼ TURN, SHUFFLE FORWARD

1 - 2 Step forward on right, pivot ¼ turn left (weight on left foot)
3 & 4 Cross right foot over left, step left to side, cross right over left
5 - 6 Turn ¼ right stepping back on left, turn ¼ right stepping right to right side
7 & 8 Step forward on left, close right next to left, step forward on left (9 o'clock)

S4. ROCK FORWARD RECOVER, ½, ¼, BEHIND, ¼, STEP PIVOT ½

1 - 2 Rock forward on right, recover on to left
3 - 4 Turn ½ right stepping forward on right, turn ¼ right stepping left to side (6 o'clock)
5 - 6 Step right behind left, turn ¼ left stepping forward on left (3 o'clock)
7 - 8 Step forward on right, pivot ½ turn left transferring weight to left foot (9 o'clock)

BEGIN AGAIN

TAG 1: End of wall 1 (facing 9 o'clock) Repeat the last 8 counts S4.)

ROCK FORWARD RECOVER, ½, ¼, BEHIND, ¼, STEP PIVOT ½

1 - 2 Rock forward on right, recover on to left
3 - 4 Turn ½ right stepping forward on right, turn ¼ right stepping left to side
5 - 6 Step right behind left, turn ¼ left stepping forward on left
7 - 8 Step forward on right, pivot ½ turn left transferring weight to left foot

TAG 2: End of wall 5 (facing 9 o'clock)

ROCKING CHAIR

1 - 2 Rock forward on right, recover on to left
3 - 4 Rock back on right, recover on to left

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