

Sand

拍数: 32 墙数: 4 级数: Improver
编舞者: Paula Baker (USA) - February 2021
音乐: Sand - Thomas Rhett



(32 count intro - NO tags or restarts)

Side Rock, Behind Side Cross, Side Rock, Coaster 1/4 turn Left

1-2 Rock side on Right, Recover on Left
3&4 Step behind with Right, Step Left with Left, Cross Right over Left
5-6 Rock side on Left, Recover on Right
7&8 Step on left turning 1/4 Left, Step together with Right, Forward with Left

Skate R, Skate L, Shuffle Fwd, Rock Fwd. Left, Rec. Right, Shuffle 1/2 turn Left

1-2 Skate Forward Right, Skate Forward Left
3&4 Shuffle Forward Right, Left, Right
5-6 Rock Forward on Left, Recover on Right
7&8 Shuffle Left, Right, Left making 1/2 Turn Left

Samba with Right, Samba with Left, Rocking Chair, Turn 1/4 Left

1&2 Cross Right over Left, Side Rock Left, Recover on Right
3&4 Cross Left over Right, Side Rock Right, Recover on Left
5&6& Rock Right Forward, Recover Left, Rock back Right, Recover Left
7-8 Step Forward on Right, Make 1/4 turn Left on Left

Step Touch, Step Kick, Coaster Step, Touch Fwd, Side, Sailor Step 1/4 turn Left

1&2& Step Forward on Right, Tap Left behind Right, Step back Left, Kick Right
3&4 Step back on Right, Together with Left, Forward on Right
5-6 Touch Forward with Left, Touch Side with Left
7&8 Sweep L behind R making 1/4 L, Step to Right side, Recover on Left

Hope you ENJOY !

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