## In The Morning



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音乐: In The Morning - Jennifer Lopez



#### Intro Music. 20 Count

### Section 1. 1/8 TURN STEP FORWARD WITH BODY WAVE, BEHIND QUARTER TURN FORWARD, HALF

1 - 2	Turn 1/8 R, step R forward with body wave (1) Recover L (2)
3 & 4	Step R behind L (squaring to 12.00)(3) Turn ¼ L, step L forward (&) Step R forward (4)
5 - 6	Step L forward (5) Turn ½ R, step R in place (6)
7 & 8	Step L forward (7) Turn ½ L, step R back (&) Turn ½ L, step L forward (8)

### Section 2. VAUDEVILLE, PIVOT, LOCK STEP FORWARD

1&2&	Cross R over L (1) Step L to side (&) R heel forward (2) R heel down, step R in place (&)
3&4&	Cross L over R (3) Step R to side (&) L heel forward (4) L heel down, step L in place (&)
5 - 6	Step R forward (5) Turn ½ L, step L in place (6)
7 & 8	Step R forward (7) Step lock L behind R (&) Step R forward (8)

#### Section 3. CROSS, QUARTER TURN, COASTER STEP, FORWARD RECOVER

1 - 2	Cross L over R (1) Turn ¼ L, step R back (2)
3 & 4	L sweep and step back (3) Step R next to L (&) Step L forward (4)
5 - 6&	Step R forward (5) Recover L (6) Step R next to L (&)
7 - 8&	Step L forward (7) Recover R (8) Step L next to R (&)

#### Section 4. FORWARD, QUARTER TURN, CROSS SIDE BEHIND WITH HITCH, ANCHOR STEP

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1 - 2	Step R forward (1) Turn ¼ L, Step L in place (2)		
3 & 4	Cross R over L (3) Step L to side (8) Step R behind L, with L hitch (4)		
5 & 6	Step L back (5) Step R to side (&) Step L forward (6)		
7&8&	R Step slightly behind L (3rd position) (7) Recover L (&) Recover R (8) Recover L (&)		

# Restart : Walls 2, 6, and 9, do the dance until section 2 and there are change step at count 7 & 8 should be lock step become 7 - 8

7 - 8 Walk forward R(7) Walk forward L(8)

#### Wall 4, Restart after section 1 count 8

Dance with joyful heart, for further information please kindly contact us at meet.ranny@gmail.com