

All I Need

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Mona Gardner (USA) & Jean Henke (USA) - February 2021
音乐: You're All I Need to Get By - Marvin Gaye & Tammi Terrell



Introduction: 16-counts - (2 or 4 walls)

Group 1: TRIPLE STEPS

1&2 Triple Steps R forward (R-L-R)
3&4 Triple Steps L Forward (L-R-L)
5&6 Triple Steps R forward (R-L-R)
7&8 Triple Steps L Forward (L-R-L)

Group 2: WALK, VINE, TOUCH

1-2 Walk back (R-L)
3-4 Walk back, (R-L) (weight L)
5-6 Step R, step L behind R
7-8 Step R, touch L beside R

Group 3: VINE, TOUCH, ROCKING CHAIR

1-2 Step L, step R behind L
3-4 Step L, touch R beside L
5-6 Rock R forward, recover L
7-8 Rock R back, recover L

Group 4: PADDLE, ROCKING CHAIR

1-2 Step forward R, turn (mini-paddle 1/8 L)
3-4 Step forward R, turn (mini-paddle 1/8 L)
5-6 Rock R forward, recover L
7-8 Rock R back, recover L

NOTE: For 2-wall Dance: Paddle ¼ instead of 1/8

RESTART: After group 3, 1st time at 6:00 wall