

Sway Now

拍数: 32 墙数: 4 级数: Improver
编舞者: KyungOk Kim (KOR) - February 2021
音乐: Sway (Mucho Mambo) - Barbados



SEC 1: FWD, CROSS ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER, CHASSE 1/4 L

1-3 LF step forward, RF cross rock over L, Recover on LF
4&5 RF step to R side, LF close next to RF, RF step to R side
6-7 LF cross rock over R, Recover on RF
8&1 LF step to L side, RF close next to LF, 1/4 turn L stepping forward on LF(9:00)

SEC 2: PIVOT 1/2 L, FWD LOCK STEP, FWD, 1/2 L BACK, BACK LOCK STEP

2-3 RF step forward, 1/2 pivot to L stepping forward on LF(3:00)
4&5 RF step forward, LF lock behind RF, RF step forward
6-7 LF step forward, 1/2 turn L stepping back on RF(9:00)
8&1 LF ball back, RF cross over L, Step back LF

SEC 3: SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS (x2) R, L

2-3 RF step to R side, LF recover on LF
4&5 RF step behind, LF step to L side, RF step cross over L
6-7 LF step to L side, RF recover on RF
8&1 LF step behind, RF step to R side, LF step cross over R

SEC 4: FWD, LOCK, FWD LOCK STEP, PIVOT 1/2 R, FWD, LOCK

2-3 RF step forward, LF lock behind
4&5 RF step forward, LF lock behind, RF step forward
6-7 LF step forward, 1/2 turn R stepping forward RF(3:00)
8& LF step forward, RF lock behind LF

START AGAIN ~ NO TAG & NO RESTART

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Last Update - 14 Feb. 2021
