

Vaglaskogi

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: High Improver NC
编舞者: Sophie Ruhling (FR) - February 2021
音乐: Vor í Vaglaskógi - KALEO : (Album: A/B)



#48 count intro - 3 TAGS - 2 RESTARTS

SECT.1 : BASIC NIGHTCLUB R & L (STEP R TO R SIDE, CROSS L BEHIND R, CROSS R OVER L, STEP L TO L SIDE, CROSS R BEHIND L, CROSS L OVER R), 1/4 TURN L BACK R, 1/2 TURN L WALK L, 1/2 TURN L BACK R, ROCK STEP L BACK

1 step R to R side
2&3 cross L behind R, cross R over L, step L to L side
4&5 cross R behind L, cross L over R, 1/4 turn L back R (9.00)
6-7 1/2 turn L walk L, 1/2 turn L back R
8& step L back, recover onto R fwd

SECT.2 : 1/4 TURN L WALK L, SKATE R-L, ROCK STEP R FWD, 1/4 TURN R BASIC NIGHTCLUB R, STEP L TO L SIDE, SAILOR STEP R WITH 1/4 TURN R

1 1/4 turn L walk L (6.00)
2-3 walk R to R diag sliding L to R (weight on R), walk L to L diag sliding R to L (weight on L)
4& step R fwd, recover onto L back
***restart here wall 9 (9.00)**
5 1/4 turn R step R to R side (9.00)
6&7 cross L behind R, cross R over L, step L to L side
8& cross R behind L, 1/4 turn R step L to L side (12.00)

SECT.3 : WALK R, SWEEP L FWD, STEP L, SWEEP R FWD, STEP R, MILITARY 1/4 TURN R, CROSS L OVER R, SWAY R-L, TWIST 3/4 TURN L

1 walk R
2&3& sweep L fwd, step L fwd, sweep R fwd, step R fwd
4&5 walk L, 1/4 turn R (weight on R), cross L over R (3.00)
6-7 step R to R side with sway R, step L to L side with sway L
8& cross R over L, 3/4 turn L (weight on L) (6.00)

SECT.4 : STEP R TO R SIDE, CROSS ROCK L OVER R, STEP L TO L SIDE, CROSS ROCK R OVER L, STEP R TO R SIDE, SAILOR STEP L, SAILOR STEP R

1 step R to R side
2&3 cross L over R, recover onto R, step L to L side
4& cross R over L, recover onto L
***restart here wall 4 (12.00)**
5 step R to R side
6&7 cross L behind R, step R to R side, step L to L side
8& cross R behind L, step L to L side

*** tag here walls 3 (6.00), 7 (6.00) & 9 (3.00): repeat section 4**

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