

Loved Me That Way

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Sally McKenzie (AUS) - February 2021
音乐: Loved Me That Way - Lauren Duski



Extras: 1 Restart (see bottom of sheet)

Intro: 16 counts - start on the word Call

Section 1: ROCK, RECOVER, ½, PADDLE & ROCK, RECOVER & 3/8 WALK, WALK, TOGETHER

1, 2 & Step R fwd, recover weight on L, ½ R step fwd
3, 4 & Step L fwd 1/4 turn, weight on R, step L beside R (9:00)
5, 6 & Rock fwd on R, Recover weight on L, 3/8 R step R beside L (1.30)
7, 8 & Walk fwd L, R, step L beside R

Section 2: ROCK, RECOVER & BACK, HOOK, CROSS, HITCH, CROSS, HOLD, TOGETHER

1, 2 & Lunge/Rock R Fwd, Recover on L, step R beside L
3, 4 Step L back, hook R over L
5, 6 Step R over L, hitch L knee over R (Keeping L knee close to R leg as you start to straighten up to 3.00)
7, 8 & 1/8 R Step L over R, hold, step R beside L (3.00)

Section 3: CROSS ROCK & CROSS ROCK & PADDLE, SIDE ROCK, RECOVER

1, 2 & Cross rock L over R, recover weight R, step L beside R,
3, 4 & Cross rock R over L, recover weight on L, step R beside L
5, 6 & Step fwd on L ¼ turn R, Recover weight on R, cross step L over R (6.00)
7, 8 ** Rock R to R, Recover weight onto L**

Section 4: CROSS, BACK & CROSS, BACK & CROSS, TOUCH, ½ HINGE, LIFT R HEEL

1, 2 & Cross R over L, step back diagonally on L, step R back
3, 4 & Cross L over R, step R back diagonally, Step L back
5, 6 Cross R over L, touch L out to L side
7 ½ turn L on ball of R bring left foot in keeping weight on R (12.00)
8 Transfer weight onto L raising R heel

Section 5: WALK, WALK, FWD MAMBO, BACK, BACK, ¼ L SAILOR

1, 2 Step R fwd, step L fwd
3&4 Step R fwd, recover weight on L, step R back
5, 6 Step back L, Step Back R
7&8 Step L behind R, step R to R, ¼ L step L fwd (9.00)

Section 6: ROCK, RECOVER, 1 ½ TRIPLE, ROCK, RECOVER, 1 ¾ TRIPLE TURN L

1, 2, Rock fwd on R, recover on L,
3&4 ½ R step R fwd, ½ R step L back, ½ R step R fwd, (3.00)
5, 6 Rock L fwd, Recover on R
7&8 ½ L step L fwd, ½ L step R together, ½ L step L fwd slightly raise R knee making ¼ L to start again. (6.00)

Non-turning options Section 6:

Count 3&4: Replace 1 ½ triple turn to ½ shuffle fwd on R

Count 7&8: Replace the 1 ¾ triple turn with a ¾ triple over L (6:00)

[48]

Restarts: **On wall 5 dance to count 24 (end of section 3) restart to back wall

Finish: Dance up to count 24 (end of section 3) - touch R over L and ½ unwind to the front

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