

Living Without You

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Mary Bee Friedrich (DE) & Silvia Schill (DE) - 31 January 2021
音乐: Living Without You - Chris Norman



Motion: Lilt/ Polka

Intro: 16 Count = Start dancing with the music start!

Section 1 R/L Heel-Hook-Heel Recover

- 1 - 2 RF heel dig touch fwd., RF hook across LF
- 3 - 4 RF heel dig touch fwd., RF recover on place (full weight)
- 5 - 6 LF heel dig touch fwd., LF hook across RF
- 7 - 8 LF heel dig touch fwd., LF recover on place (full weight)

Section 2 R/L Shuffle, ½ Pivot L, Walk(&Clap) R/L

- 1 & 2 RF step fwd., LF close to RF, RF step fwd.
- 3 & 4 LF step fwd., RF close to LF, LF step fwd.
- 5 - 6 RF step fwd., LF step L ½ turn over left shoulder
- 7 - 8 RF step (walk&clap) fwd., LF step (walk&clap) fwd.

Restart after 16 Count/ Wall 4&7

Section 3 Side Step, Vaudeville R/L

- 1 - 2& RF step to right side, LF cross behind RF, RF ball step on place
- 3 & 4 LF heel dig diagonal fwd., LF recover, RF cross over LF
- 5 - 6& LF step to left side, RF cross behind LF, LF ball step on place
- 7 & 8& RF heel dig diagonal fwd., RF recover, LF cross over RF

Section 4* Weave R, Weave ¼ Turn L, Touch (Brush)

- 1 - 2 RF step to R, LF cross behind RF
- 3 - 4 RF step to R, LF touch to RF
- 5 - 6 LF step to L, RF cross behind LF
- 7 - 8 LF step ¼ turn to L over left shoulder, RF touch to LF

Tag A Step Diagonal fwd., Touch, Step Diagonal Back, Touch

- 1 - 2 RF step diagonal fwd., LF touch to RF
- 3 - 4 LF step diagonal bwd., RF touch to LF Tag A = 4 Count/ End Wall 1/5/8

Tag B Side, Close (&Clap) Tag B = 2 Count/ End Wall 1/2/3/5/6/8

- 1 - 2 RF step to R, LF close to RF

Sequences:

- 1. Wall facing 12 h 32 / ending at 3 h Tag A & Tag B
 - 2. Wall facing 3 h 32 / ending at 6 h Tag B
 - 3. Wall facing 3 h 32 / ending at 9 h Tag B
 - 4. Wall facing 9 h 16 / Restart at 3 h
 - 5. Wall facing 3 h 32 / ending at 6 h Tag A & Tag B
 - 6. Wall facing 6 h 32 / ending at 9 h Tag B
 - 7. Wall facing 9 h 16 / Restart at 3 h
 - 8. Wall facing 3 h 32 / ending at 6 h Tag A & Tag B
 - 9. Wall facing 6 h 32 / ending at 9 h
 - 10. Wall facing 9 h 32 / ending at 12 h
 - 11. Wall facing 12 h 32 / ending at 3 h
- Finish with a ¼ Turn L- Clap - Clap

Enjoy your dancing like Polka

*Section 4 - Weave to the right can change into a Rolling Vine for a higher level
RF = right foot # LF = left foot # fwd. = forward # bwd. = backward

Any Questions, please contact -

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Last Update - 12 Feb. 2021
