

Smells Like Teen Spirit

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - February 2021
音乐: Smells Like Teen Spirit - R3HAB & Amba Shepherd : (iTunes / Spotify)



(Intro: approx. 8 sec/ starts one count before lyrics)

[S1] Cross-1/2R Turn-Point, 1/4L-1/4L-1/2L Shuffle Fwd

1 2 Cross R over L, Make a 1/4 turn right stepping back on L
3 4 Make a 1/4 turn right stepping R to the side, Point L toe to the left (6:00)
5 6 Make a 1/4 turn left stepping forward on L, Make a 1/4 turn left stepping back on R
7&8 Make a 1/2 turn left shuffle forward on L-R-L (6:00)

[S2] 1/4L Side-Back Rock-Side, Touch-Unwind 1/2R x2

1 2 Make a 1/4 turn left stepping R to the side, Rock back on L (3:00)
3 4 Recover weight on R, Step L to the side
5 6 Touch back on R, Make a 1/2 turn right weight ends on L (9:00)
7 8 Touch back on R, Make a 1/2 turn right weight ends on R** (3:00)

[S3] Fwd, Step-Pivot 1/2L-1/2L-1/4L-Cross Rock-1/4R-Together

1 2 Step forward on L, Step forward on R
3 4 Make a 1/2 turn left recover weight on L, Make a 1/2 turn left stepping back on R (3:00)
5 6 Make a 1/4 turn left stepping L to the side, Rock R across L (12:00)
7&8 Recover weight on L, Make a 1/4 turn right stepping forward on R, Step L together (3:00)

[S4] Heel Out-In, V Step Back, Heel Out-In, Back, Back Rock

&1 Swivel both heels out, Swivel both heels together
2 3 Moving backwards - Step R out to the side, Step L out to the side
&4 Step back on R, Step L next to R
&5 6 Swivel both heels out, Swivel both heels together, Step back on R
7 8 Rock back on L, Recover weight on R

[S5] 1/8L, 1/2L Turn-Back Rock, Fwd, 1/4R, Back Rock

1 Make a 1/8 turn stepping forward on L (1:30)
2& Make a 1/2 turn left stepping back on R, step back on L (7:30)
3 4 Rock back on R, Recover weight on L
5 6 Step forward on R, Make a 1/4 turn right slightly stepping back on L (10:30)
7 8 Rock back on R, Recover weight on L

[S6] Fwd, 1/2R Turn-Back Rock, Fwd, 1/4L, Coaster Step

1 2& Step forward on R, Make a 1/2 turn right stepping back on L, Step back on R (4:30)
3 4 Rock back on L, Recover weight on R
5 6 Step forward on L, Make a 1/4 turn left slightly stepping back on R (1:30)
7&8 Step back on L, Recover weight on R, Step forward on L

[S7] 1/8L Scissor-Cross Shuffle, Side-Tap, Side, Behind, 1/4R

1 2 Make a 1/8 turn left stepping R to the side, Step L beside R (12:00)
3&4 Cross R over L, Step L close to R, Cross R over L
5 6 Step L to the side, Hitch R knee to the side
7 8 Tap R toe behind L, Slide R toe to the side and tap

[S8] Back, 1/2L, Fwd Rock-1/2R, Step-Pivot 1/4R-Together

1 2 Step back on R, Make a 1/2 turn left stepping forward on L (6:00)
3 4 Rock forward on R, Recover weight on L
5 6 Make a 1/2 turn right stepping forward on R, Step forward on L (12:00)
7 8 Make a 1/4 turn right recover weight on R, Step L together (3:00)
Restart with weight change: On Wall 3 count 16 -Weight ends on L - (9:00)**

Ending suggestion: The last wall starts at 3:00, dance up to count 14 (12:00), then step back on R, and close L in front of R.

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 10/Feb/21)**
